



**Mutazione BRCA  
e CARCINOMA OVARICO:**  
LA GESTIONE DELLE PAZIENTI E DEI FAMILIARI

VERONA, 18 GENNAIO 2019  
HOTEL LEON D'ORO

Comunicazione orale:

**METACHRONOUS AND  
SYNCHRONOUS  
BREAST AND OVARIAN CANCER:  
A MULTICENTRIC EXPERIENCE**

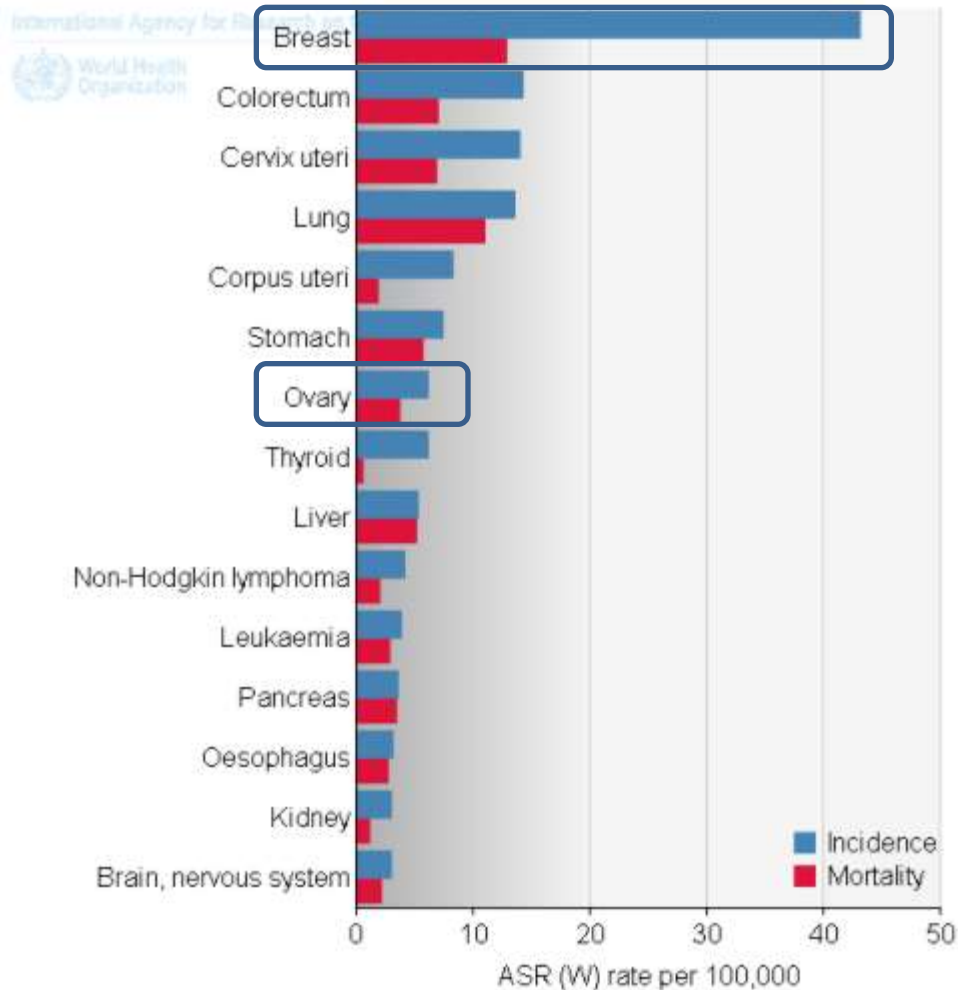
G. Tasca, MV. Dieci, Z. Baretta, G. Faggioni, MO  
Nicoletto, F. Peccatori, V. Guarneri, N. Colombo

Giulia Tasca  
Istituto Oncologico Veneto (PD)



# EPIDEMIOLOGY OF BREAST AND OVARIAN CANCER

Estimated age-standardised incidence and mortality rates: women



## BREAST CANCER

1,671,149 (25,1%)

521,907 (14,7%)

## OVARIAN CANCER

238,719 (3,6%)

151,917 (4,3%)

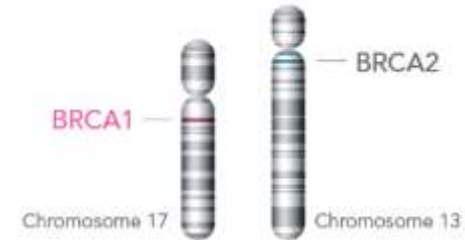
# METACHRONOUS AND SYNCHRONOUS BREAST AND OVARIAN CANCER

## From literature...

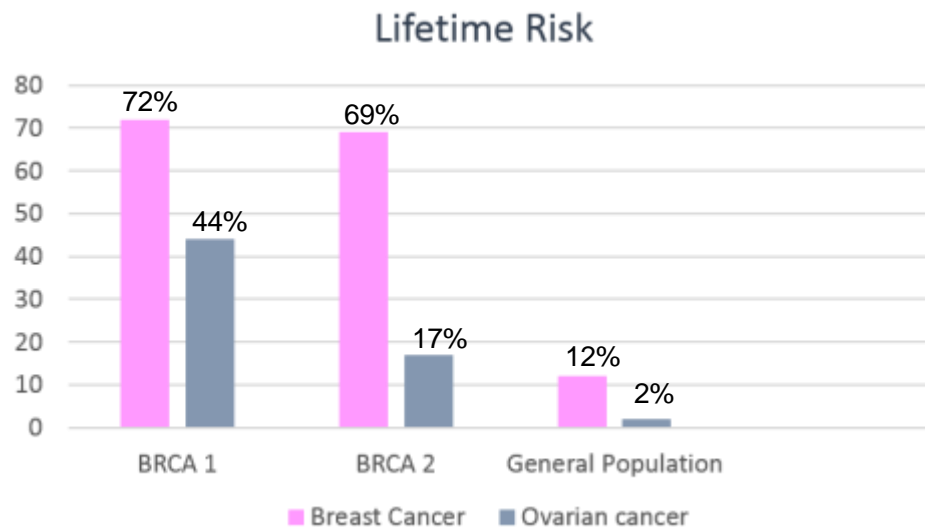
- When compared with the general population, cancer survivors have generally an increased risk of developing a second primary cancer;
- Women with a history of BC have a higher risk of developing a subsequent OC and *vice versa*;
- Hereditary breast and ovarian cancer syndrome (HBOC) is due to BRCA1 and BRCA2 genes mutations;
- Metachronous or synchronous tumors of the breast/ovary regardless of BRCA mutations → common etiologic factors or other susceptibility genes mutations;
- According to limited evidence, BC is diagnosed first in 75% of cases and patients with BC first had a worse outcome on comparison to patients with first OC.

# BRCA1 AND BRCA2 GENES

- Involved in repairing DNA double-strand break through homologous recombination and in cell cycle control points;



- Germinal mutations occur in about 1 in 300-800 individuals in the general population (the prevalence varies between ethnic groups and geographic areas - "founder effect");
- 10-15% of OCs and 5-10% of BCs are due to BRCA1/2 mutations;

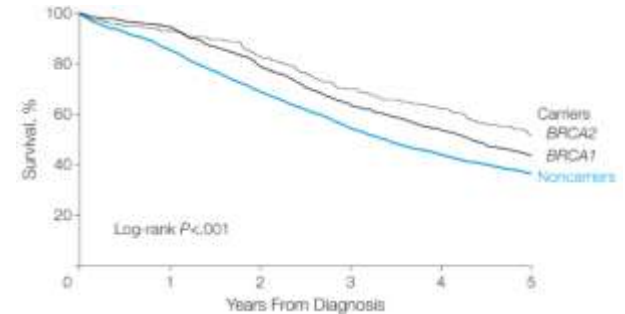


# MAIN FEATURES OF BRCA1/2 ASSOCIATED BREAST AND OVARIAN CANCER



## BRCA Genes and Ovarian Cancer

- Serous histology
- High grade
- Stage III/IV
- Visceral metastases
- Better prognosis (platinum sensitivity)



## BRCA Genes and Breast Cancer

- Triple Negative histotype } BRCA1
- 30 – 40 yy } BRCA1
- HR positive and 15% HER2 positive } BRCA2
- 40-70 yy } BRCA2

# AIMS OF THE STUDY

- To evaluate clinico-pathological characteristics of patients according to the sequence of BC and OC diagnoses and BRCA mutational status;
- To evaluate the time interval between diagnoses according to the sequence of BC and OC diagnoses and BRCA mutational status;
- To evaluate the global survival according to the sequence of BC and OC diagnoses, BRCA mutational status and other major prognostic factors.

## MATERIALS AND METHODS

- 270 patients treated at Istituto Oncologico Veneto (PD) and Istituto Europeo di Oncologia (MI) from 1981 to 2016;
- 182 patients with mutational status available;
- Age at diagnoses, tumor stage, histotype, grade, lymph nodal status and hormonal/HER2 receptors status (BC only), surgical and medical treatment and survival status/death causes.



*BC First Group*

*OC First Group*

*Synchronous  
Group*



BRCA mutated  
Group

BRCA wild type  
Group

# RESULTS 1: CLINICO-PATHOLOGICAL CHARACTERISTICS ACCORDING TO DIAGNOSIS SEQUENCE

	<i>BC First</i>	<i>OC First</i>			<i>BC First</i>	<i>OC First</i>	
	n° (%)	n° (%)	p		n° (%)	n° (%)	p
<b>BRCA status</b>			.006	<b>BC Histology</b>			.038
Wild Type	42 (31.6%)	19 (59.4%)		Ductal	<b>154 (85.1%)</b>	35 (70.0%)	
Mutated	<b>91 (68.4%)</b>	13 (40.6%)		Lobular	9 (5.0%)	8 (16.0%)	
Total	133	32		Other	18 (9.9%)	7 (14.0%)	
				Total	181	50	
<b>OC Histology</b>			.002	<b>BC Stage</b>			.022
Serous	<b>146 (75.3%)</b>	24 (49.0%)		≤ I	72 (45.9%)	30 (60.0%)	
Endometrioid	18 (9.3%)	16 (32.7%)		≥ II Total	<b>85 (54.1%)</b>	20 (40.0%)	
Indifferent.	12 (6.2%)	3 (6.1%)			157	50	
Other	18 (9.3%)	6 (12.2%)					
Total	194	49					
<b>OC Stage</b>			.039	<b>BC HR</b>			.051
I - II	52 (26.9%)	22 (45.8%)		Negative	<b>73 (42.4%)</b>	14 (27.5%)	
III - IV	<b>141 (73.1%)</b>	26 (45.8%)		Positive	99 (57.6%)	37 (72.5%)	
Total	193	48		Total	172	51	
<b>OC Grade</b>			<.001				
1 - 2	22 (11.5%)	20 (42.6%)					
3	<b>169 (88.5%)</b>	27 (57.4%)					
Total	191	47					
<b>Mean age at 1<sup>st</sup> diagn.</b>	<b>48</b> (28 - 83)	54 (30 - 76)	<.001				
<b>Mean age at 2<sup>nd</sup> diagn.</b>	57 (38 - 84)	61 (36 - 79)	<.001				

## *BC first group:*

- 72% of patients cohort;
- More frequently BRCA1/2 mutated;
- Lower age at 1<sup>st</sup> diagnosis;
- More frequently high grade, advanced stage, serous OC;
- High percentage of HR negative BC.

# RESULTS 1: CLINICO-PATHOLOGICAL CHARACTERISTICS ACCORDING TO DIAGNOSIS SEQUENCE

	<i>Synchronous</i>	
	n° (%)	p
<b>BRCA status</b>		.006
Wild Type	9 (52.9%)	
Mutated	8 (47.1%)	
Total	17	
<b>OC Histolgy</b>		.002
Serous	<b>18 (72.0%)</b>	
Endometrioid	5 (20.0%)	
Indifferent.	1 (4.0%)	
Other	1 (4.0%)	
Total	25	
<b>OC Grade</b>		<.001
1 - 2	4 (16.0%)	
3	<b>21 (84.0%)</b>	
Total	25	
<b>BC Stage</b>		.022
≤ I	<b>18 (72.0%)</b>	
≥ II Total	7 (28.0%)	
	25	

## *Synchronous group:*

- 9% of patients cohort;
- More frequently high grade serous OC;
- More frequently low stage BC.



## RESULTS 2: CLINICO-PATHOLOGICAL CHARACTERISTICS ACCORDING TO BRCA MUTATIONAL STATUS

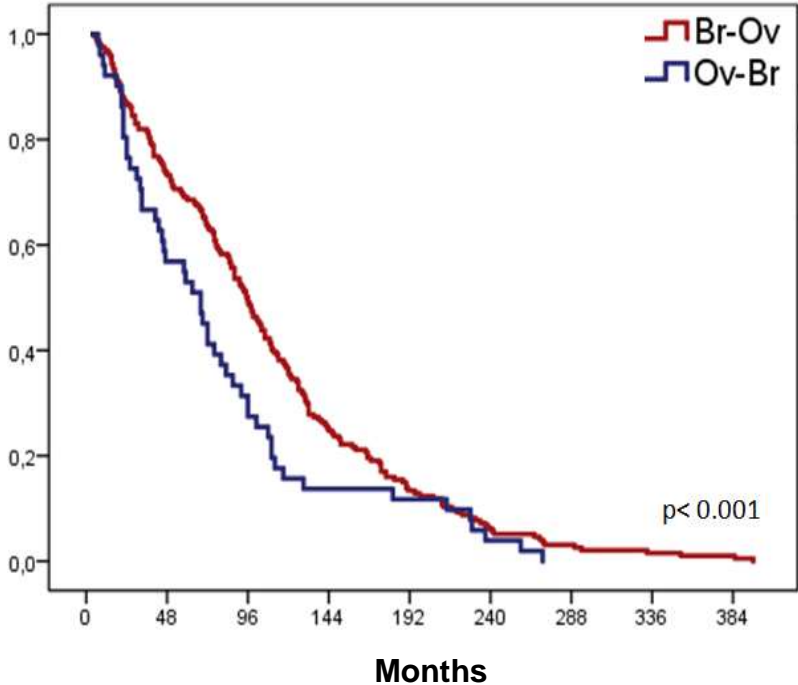
	BRCA Wild Type n° (%)	BRCA Mutated n° (%)	p
<b>OC Histolgy</b>			.006
Serous	33 (55.0%)	<b>79 (76.0%)</b>	
Endometrioid	12 (20.0%)	11 (10.6%)	
Indifferent.	3 (5.0%)	8 (7.7%)	
Other	12 (20.0%)	6 (5.8%)	
Total	60	104	
<b>OC Stage</b>			.002
I - II	28 (47.5%)	25 (24.3%)	
III - IV	31 (52.5%)	<b>78 (75.7%)</b>	
Total	59	103	
<b>OC Grade</b>			<.001
1 - 2	23 (39.0%)	8 (7.8%)	
3	36 (61.0%)	<b>95 (92.2%)</b>	
Total	59	103	
<b>BC Grade</b>			<.001
1 - 2	35 (70.0%)	31 (36.5%)	
3	15 (30.0%)	<b>54 (63.5%)</b>	
Total	50	85	
<b>TNBC</b>			.001
No TN	45 (86.5%)	51 (58.6%)	
TN	7 (13.5%)	<b>36 (41.4%)</b>	
Total	52	87	
<b>Mean age at 1<sup>st</sup> diagn.</b>	54 (34 - 85)	<b>47 (28 - 80)</b>	.001
<b>Mean age at 2<sup>nd</sup> diagn.</b>	62 (42 - 85)	<b>55 (36 - 81)</b>	.001

### BRCA mutated group:

- 62% of patients;
- Lower age at both diagnoses;
- More frequently high grade, advanced stage, serous OC;
- High percentage of TNBC.

# RESULTS 3: TIME TO SECOND DIAGNOSIS ACCORDING TO DIAGNOSIS SEQUENCE

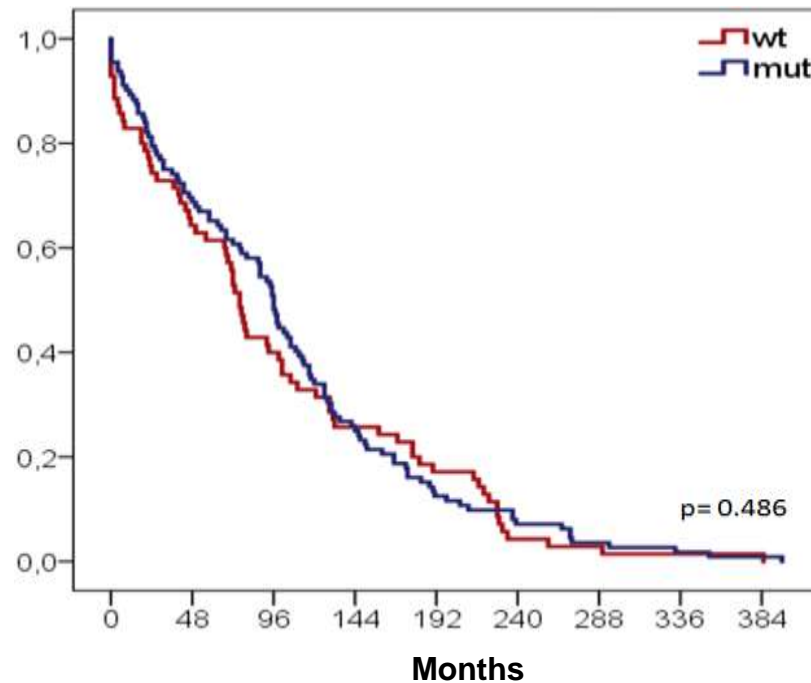
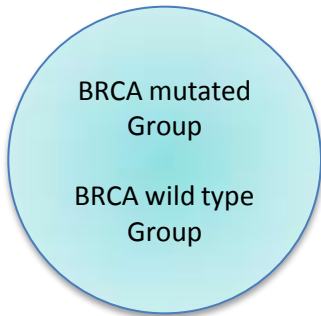
BC First Group  
 OC First Group



	Median (95% CI)	HR (95% CI)	p value
<b>BC First</b>	95 (84 – 106)	Ref.	
<b>OC First</b>	68 (46.7 – 89.8)	1.435 (1.05 – 1.95)	.023

Median time interval from first to second diagnosis in overall cohort:  
 78 months (95%CI 67.6 – 88.4)

# RESULTS 4: TIME TO SECOND DIAGNOSIS ACCORDING TO BRCA MUTATIONAL STATUS

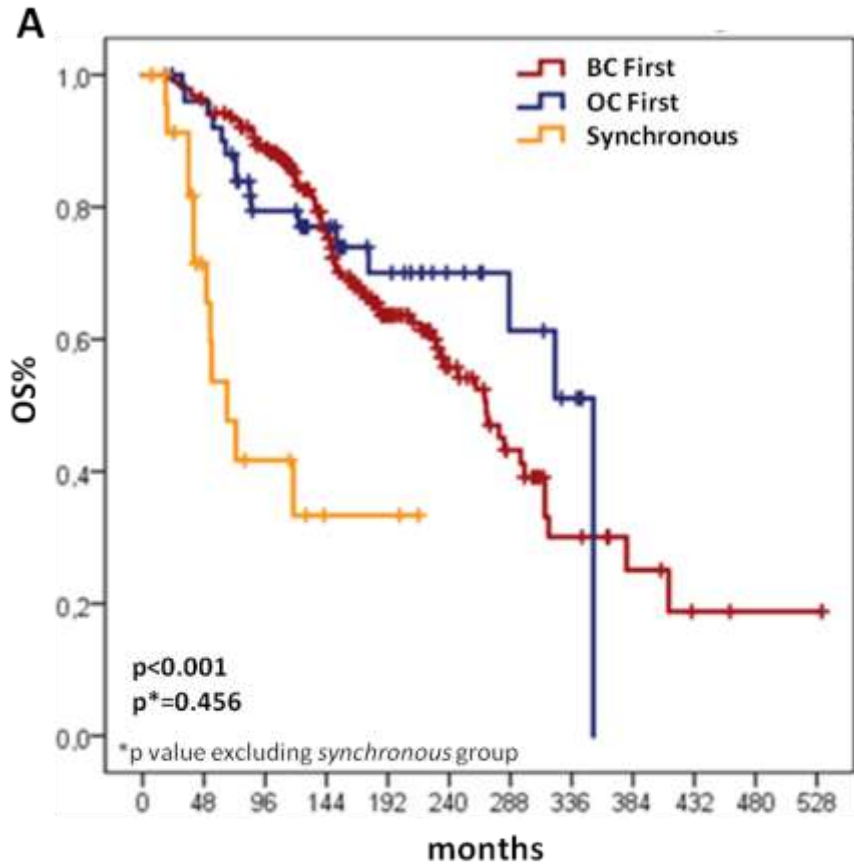


	Median (95% CI)	HR (95% CI)	p value
<b>BRCA wild type</b>	76 (67.8 – 84.2)	Ref.	
<b>BRCA mutated</b>	96 (87.1 – 104.9)	0.920 (0.68 – 1.24)	.588

Median time interval from first to second diagnosis in overall cohort:  
96 months (95%CI 46.7 – 89.8)

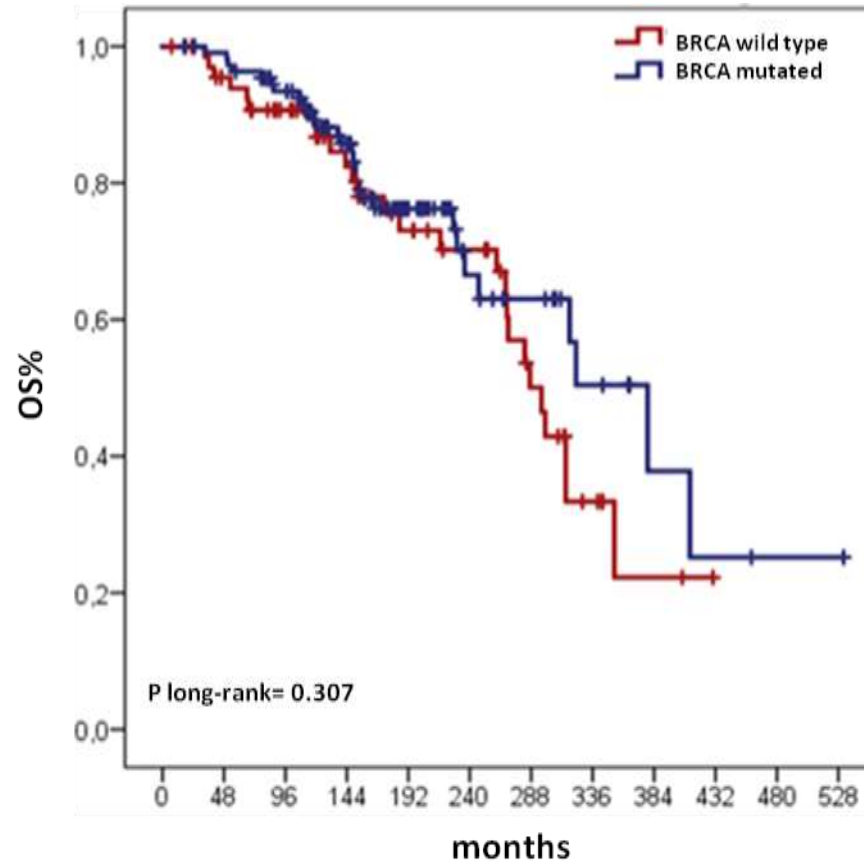
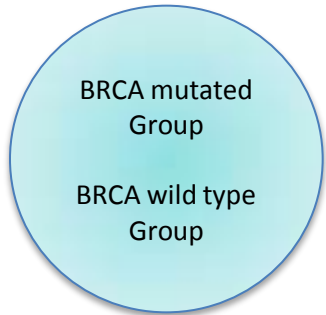
# RESULTS 5: OVERALL SURVIVAL FROM 1<sup>ST</sup> DIAGNOSIS ACCORDING TO DIAGNOSIS SEQUENCE

- BC First Group
- OC First Group
- Synchronous Group



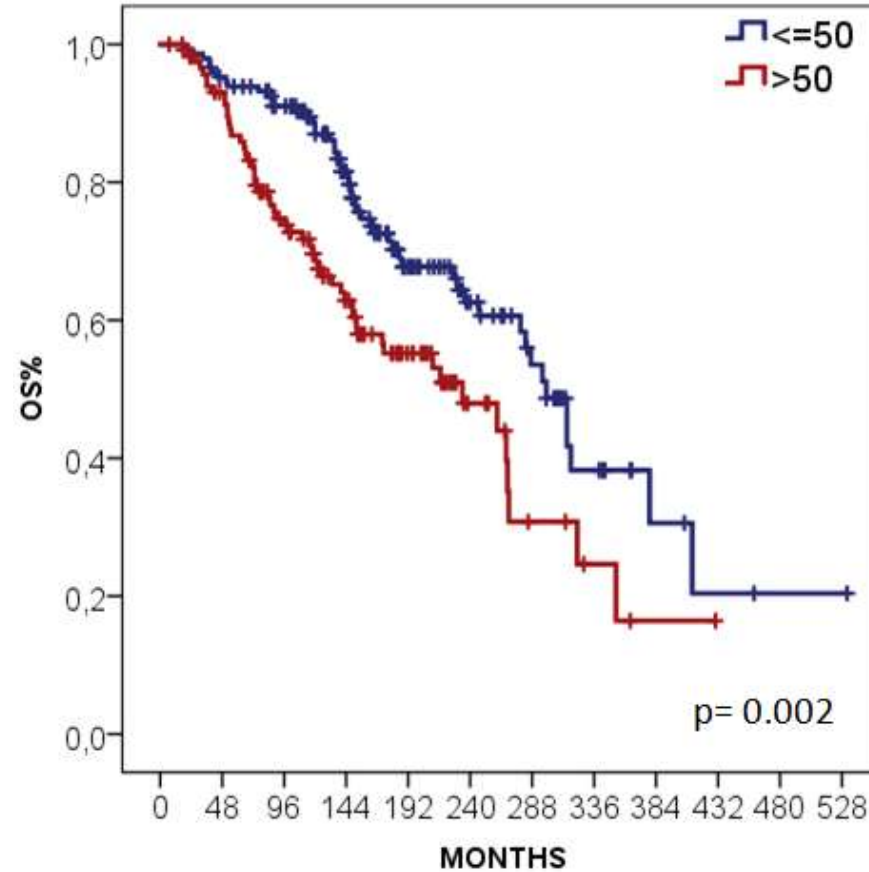
	OS from 1 <sup>st</sup> diagnosis		
	10-years OS%	HR (95% CI)	p
OC first	79.4	Ref.	
BC first	83.3	1.229 (0.715 – 2.113)	.456
Synchronous	33.4	5.674 (2.627 – 12.258)	<.001

# RESULTS 6: OVERALL SURVIVAL FROM 1<sup>ST</sup> DIAGNOSIS ACCORDING TO BRCA MUTATIONAL STATUS



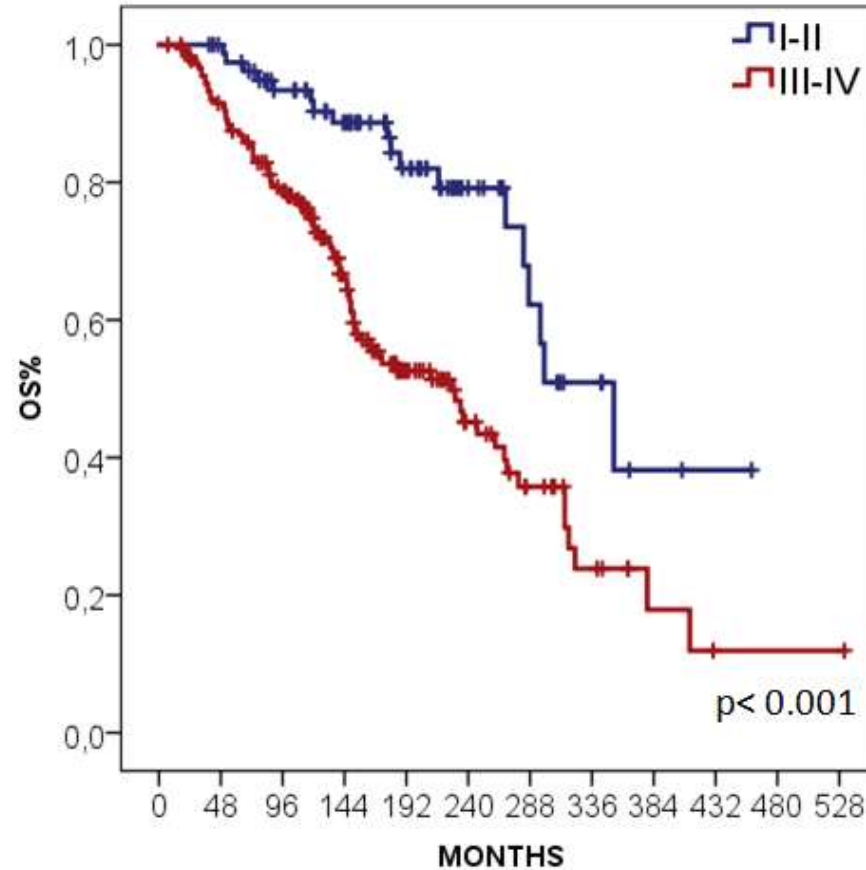
	OS from 1 <sup>st</sup> diagnosis		
	10-years OS %	HR (95% CI)	p
<i>BRCA wild type</i>	86.7	Ref.	
<i>BRCA mutated</i>	88.2	0.757 (0.443 – 1.295)	.310

# RESULTS 7: OVERALL SURVIVAL FROM 1<sup>ST</sup> DIAGNOSIS ACCORDING TO OTHER PROGNOSTIC FACTORS



	Univariate Analysis			Multivariate Analysis		
	HR	95% CI	p	HR	95% CI	p
Age at 1 <sup>st</sup> diagnosis 50≤ vs >50 yy	1.817	1.235 – 2.674	.002	1.843	1.251 – 2.714	.002

# RESULTS 7: OVERALL SURVIVAL FROM 1<sup>ST</sup> DIAGNOSIS ACCORDING TO OTHER PROGNOSTIC FACTORS



	Univariate Analysis			Multivariate Analysis		
	HR	95% CI	p	HR	95% CI	p
OC Stage <III vs ≥III	2.991	1.720 – 5.203	<.001	2.687	1.615 – 4.469	<.001

# TO SUMMARIZE 1

- This is the second largest cohort, following that reported by *Liou et al.* in 2006;
- The prevalence of BRCA mutated patients, especially BRCA1 mutated, in *BC first* group may account for some of the differences between the groups, with *BC first* patients showing younger age at 1st and 2nd diagnosis, more aggressive OC features and a higher prevalence of TNBC;
- Patients characteristics according to BRCA mutational status was consistent with previous studies;
- Longer interval to 2<sup>nd</sup> diagnosis in *BC first* group than in *OC first* group → younger age at 1<sup>st</sup> diagnosis in *BC first* group;
- No difference in OS from 1st diagnosis according to diagnosis sequence → the potential favorable effect of a long time interval between diagnoses was somehow neutralized by the poor prognosis that these patients experienced after OC diagnosis (poor characteristics of OC);



## TO SUMMARIZE 2

- No difference in OS from 1st diagnosis according to BRCA mutational status → better prognosis of BRCA mutated patients with OC might not be confirmed in cases with a metachronous BC (also in Zaaijer LH et al.);
- Age at 1<sup>st</sup> diagnosis > 50 years and OC ≥ III FIGO stage are independent poor prognostic factors;
- 70.5% of patients died for OC related causes → survival is dominated by OC prognosis;
- 87.5% of patients underwent genetic test after the 2<sup>nd</sup> diagnosis of cancer → importance to recognize high risk BRCA1/2 mutated women.

# TAKE HOME MESSAGES

- Our data may be useful in order to plan and carry out adequate and timely surveillance programs and preventive measures;
- In BRCA mutated patients, especially after the first diagnosis, if preventive surgical interventions is deemed appropriate, our study add evidence that might suggest timing of intervention;
- Appropriate surveillance and prophylactic salpingo-oophorectomy are recommended for BC survivors with *BRCA* mutation;
- Genetic counselling in patients with *BRCA*-associated OC is more complex: it should address not only the subsequent risk of BC but also the consideration of this risk against the OC prognosis;
- The risk of BC in view of the mortality rates after advanced OC call into question the necessity of risk-reducing prophylactic mastectomy **for all** BRCA1/2 carriers with OC (The benefits of more aggressive preventive measures are expected to be small in terms of lives saved).

**GRAZIE!**