

# SUPERNOVAE IN ONCOLOGIA

5<sup>A</sup> EDIZIONE

PISA  
19-20 SETTEMBRE 2019

Palazzo del Consiglio Del 12  
Sala Convegni

Aiom

Associazione Italiana di Oncologia Medica

SEZIONE REGIONALE TOSCANA

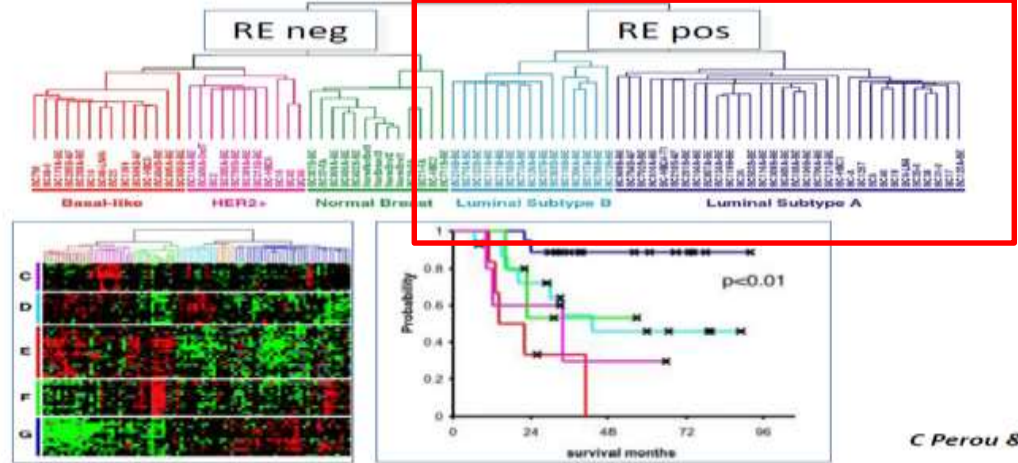
Temi aperti sui  
trattamenti  
adiuvanti:  
Malattia  
HR+/HER2-

Antonella Ferro  
UO Oncologia Medica  
Coordinatrice Rete Senologica  
Trento

# Outline

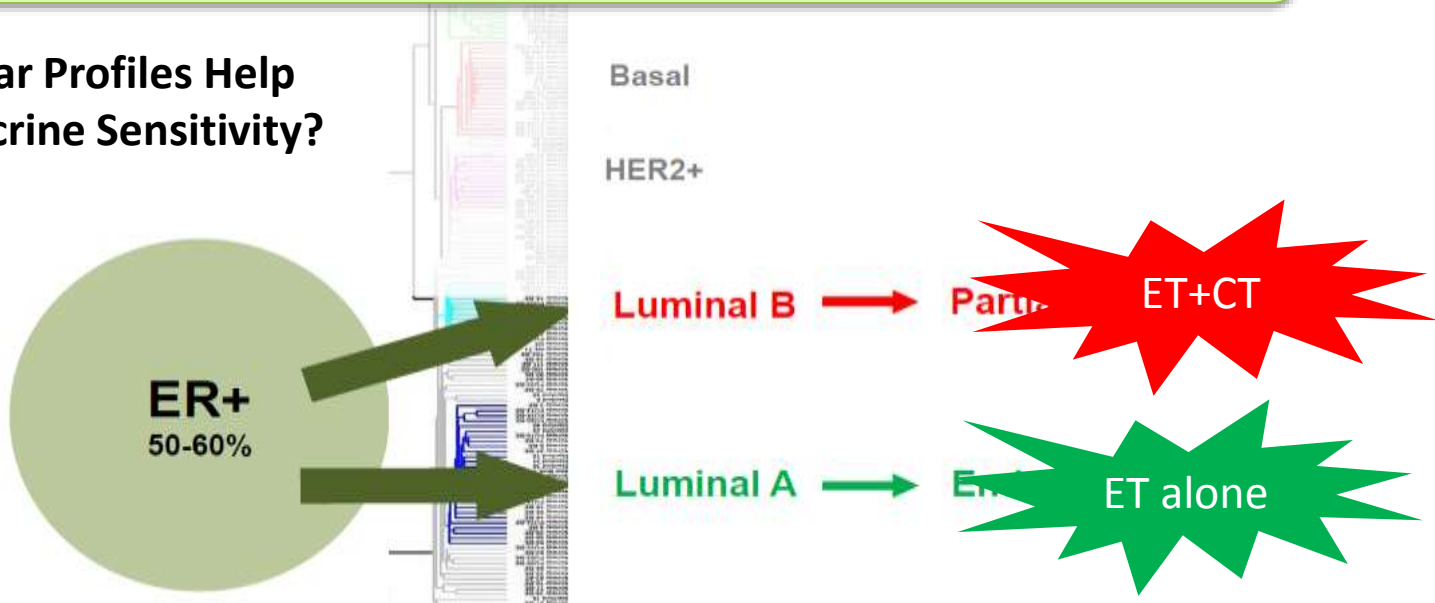
- Luminals
- Chemotherapy:
  - For who? What?
- Hormonotherapy:
  - Which? How long?

# THE «LUMINALS»



- Luminal subtype can guide decision toward adjuvant chemotherapy
- Luminal subtype does not guide the choice of endocrine therapy

## Can Molecular Profiles Help Define Endocrine Sensitivity?

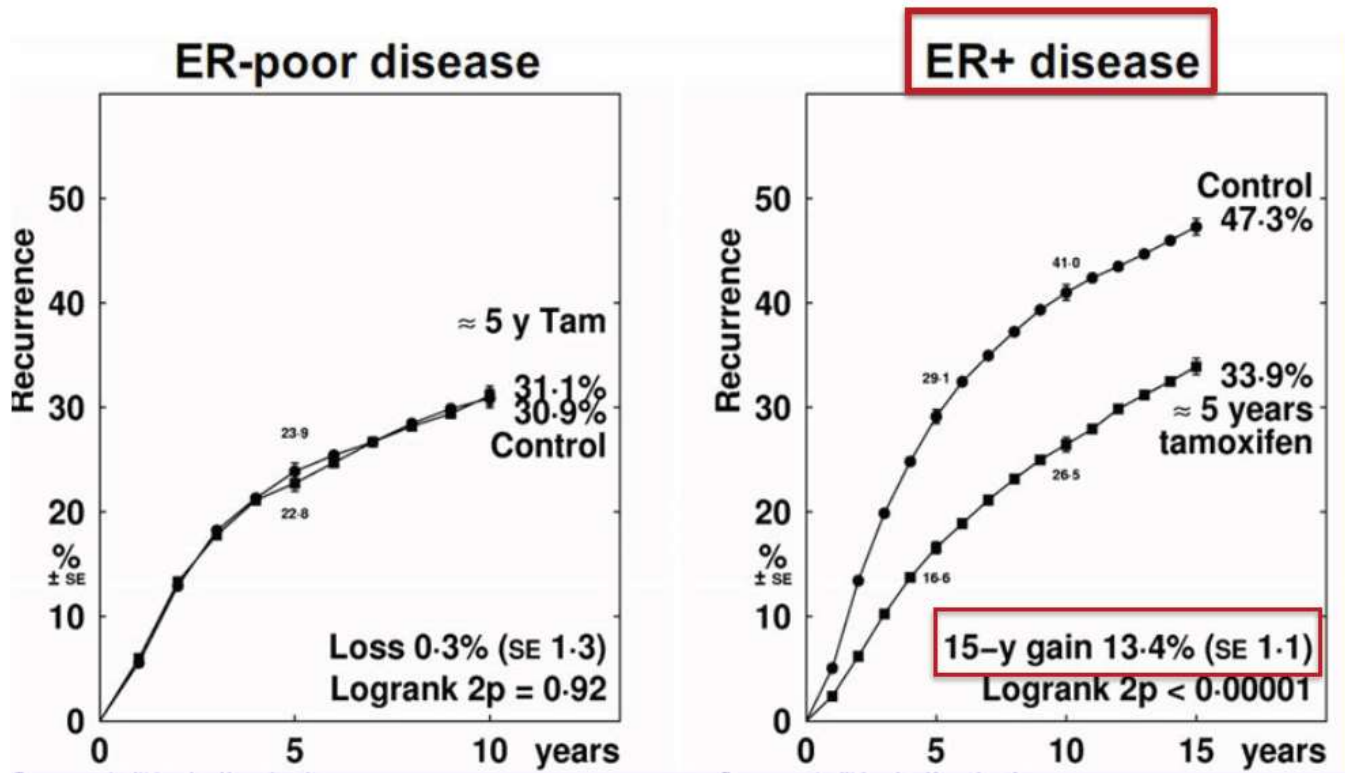


ET, endocrine therapy  
Sorlie T, et al. *Proc Natl Acad Sci U S A.* 2003;100(14):8418-8423.

# Hormone therapy: When?

## The Receptor!!

### Effects of hormonal therapy in early breast cancer



# How to define ER+?

- Guidelines define BC HR+ if  $\geq 1\%$  cells stain positive for ER and/or PR

Senkus et al AnnOncol 26; 2015.  
Hammond et al; JCO 2010

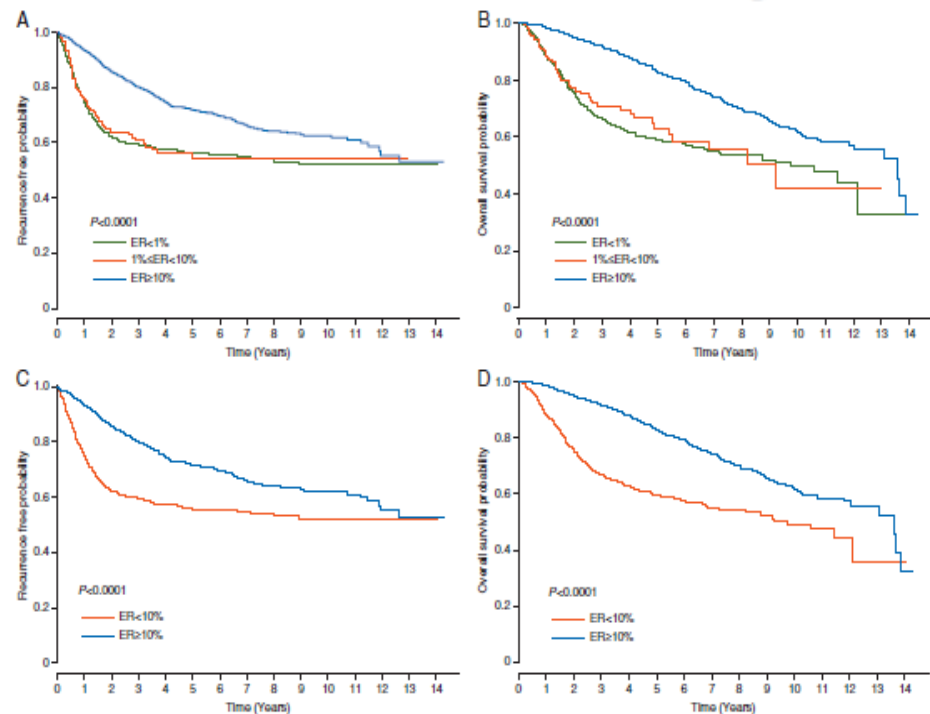
ESMO

ORIGINAL ARTICLE

Revisiting the definition of estrogen receptor positivity in HER2-negative primary breast cancer

Annals of Oncology 28, 2426–2436, 2017  
doi:10.1093/annonc/mdx127  
Published online 26 July 2017

- $\geq 10\%$  tumor cells ER+ benefit from adjuvant hormonal therapy
- Borderline ER (1-9% cells) less certain benefit (if IHC is accurate)



Fujii et Ann Oncol 2017

# What do we need for chemo decision (Luminal cancers)

	Prognostic	Predictive (chemo)
Pathological variables	N, T, Grading, proliferation index, ER expression, HER2 status	?
Additional genomic tests	Genomic signatures (OncotypeDX™, MammaPrint®, Prosigna®, EpClin®, BCI™)	?



# Chemotherapy for all?

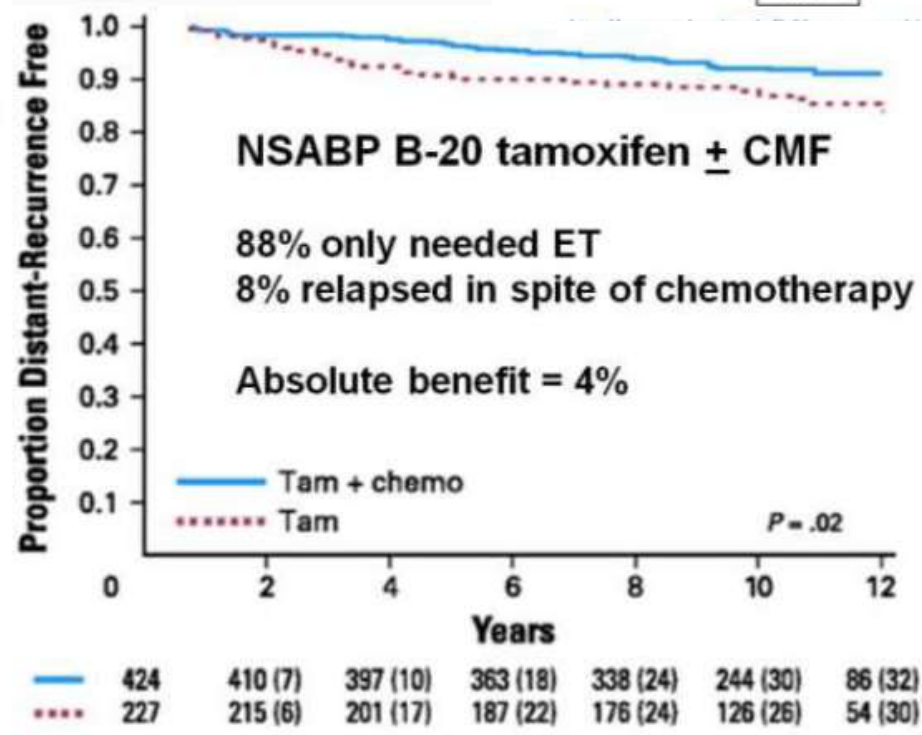
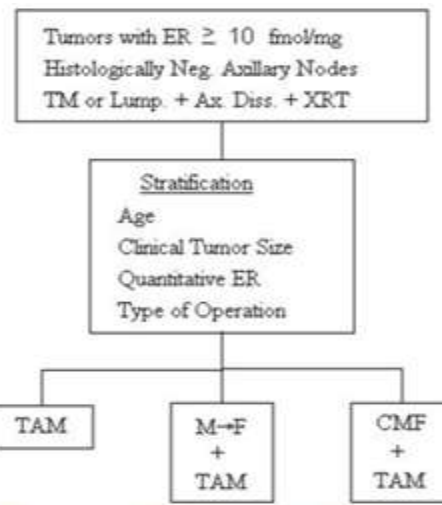
Women with tumors  $\geq 1$  cm should all get chemotherapy

## Adjuvant Therapy for Breast Cancer

National Institutes of Health  
Consensus Development Conference Statement  
November 1-3, 2000



**ALL BENEFIT!**



<http://www.nsbop.nitt.edu/B-20.asp> accessed 14Oct2011  
& Fisher B, et al. JNCI 89:22:1673-1682, 1997

# The same trial, 9 years after

2006 – Node Negative Disease: Genomic Assay-Stratified Outcomes And Said “Maybe Not All”.

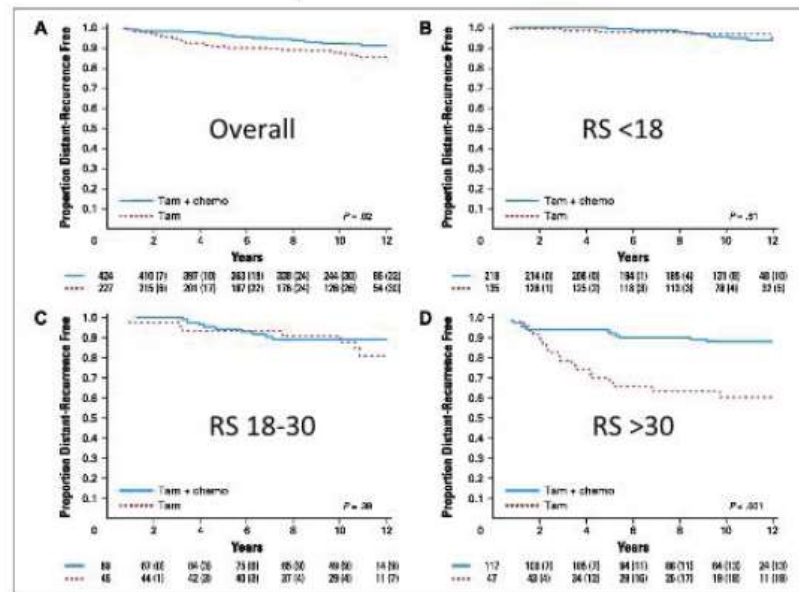
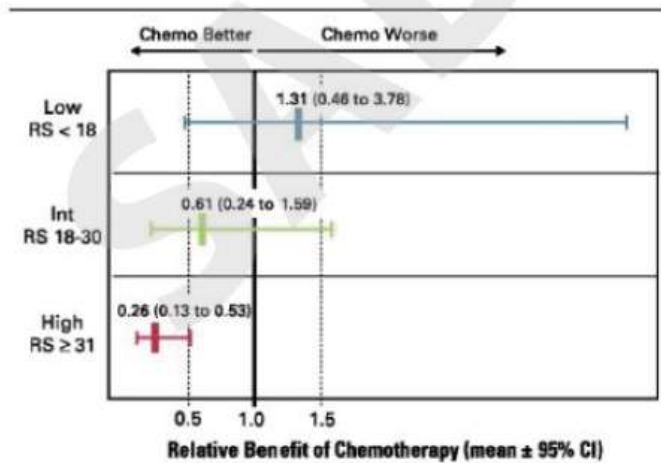


Fig 2. Kaplan-Meier plots for distant recurrence comparing treatment with tamoxifen (Tam) alone versus treatment with tamoxifen plus chemotherapy (Tam + chemo). (A) All patients; (B) low risk (recurrence score [RS] < 18); (C) intermediate risk (RS 18-30); (D) high risk (RS > 31). The number of patients at risk and the number of distant recurrences (in parentheses) are provided below each part of the figure.

Paik S, et al. JCO 2006 Aug 10;24(23):3726-34

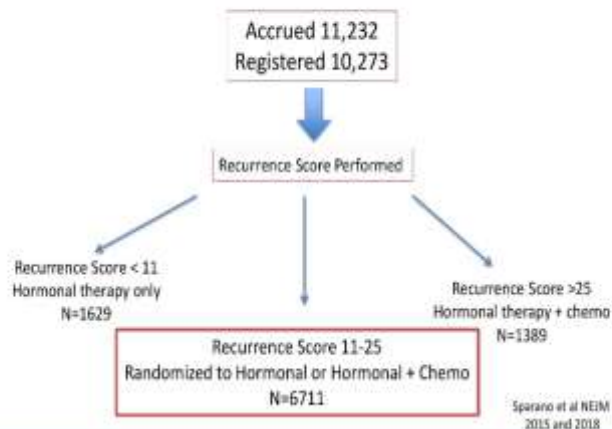


# Adjuvant Chemotherapy Guided by a 21-Gene Expression Assay in Breast Cancer

Joseph A. Sparano, M.D., Robert J. Gray, Ph.D., Debra F. Maloney, M.D., Kathleen I. Pritchard, M.D., Kathy S. Albain, M.D., Denise F. Hayes, M.D., Charles F. Hudis, M.D., Elizabeth A. Mittman, M.D., Mitchell S. Green, M.D., John A. Sparano, M.D., Thomas J. Coates, M.D., Susan E. Barlow, M.D., and the Breast International Group 1-7 Investigators

## TailorX Design

2006-2010



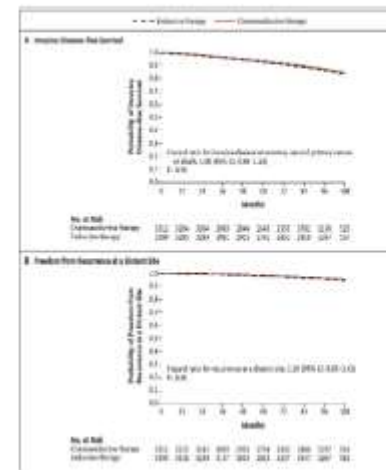
## TailorX Results

Recurrence Score 11-25  
n=6621

Hormonal Rx      Chemotherapy and Hormonal Rx

Null hypothesis = no difference

5 year IDFS of 87% vs 90% unacceptable and would disprove null hypothesis



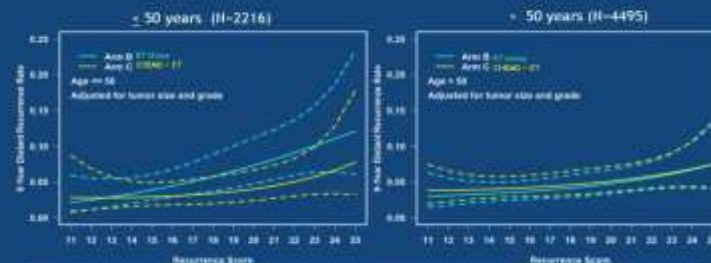
- Age <50 = 33-34%
- Age <40 = 5%
- ER and PR positive = 92%
- T size 2.1-3 cm = 19%
- T size >3 cm = 5%
- Grade III: 13%
- Low clinical risk (per MINDACT criteria) = 74%

## Estimate absolute Chemo Benefit

- RS 16-25 (<50 YS)
- Some chemo benefit

RS 16-20 (N=886)	Δ + 1.6% (+ SE 1.9%)
RS 21-25 (N= 476)	Δ + 6.5% (+ SE 3.7%)

## TAILORx Results: Association between Continuous RS 11-25 and 9-Year Distant Recurrence Rate by Treatment Arms Stratified by Age (<50 vs. >50 Years)



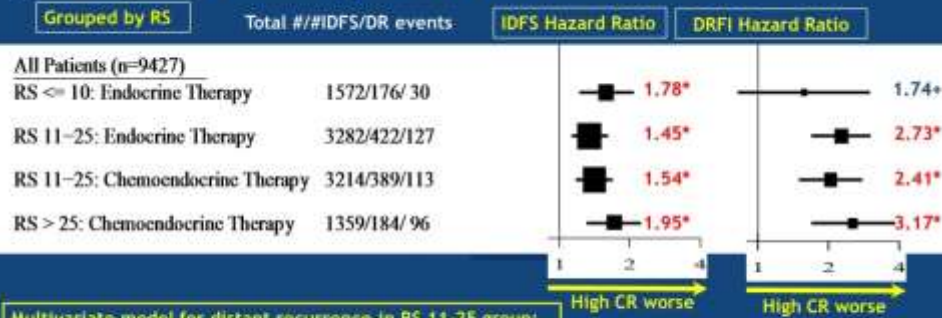
# Is genomic profiling going to one day replace traditional clinical and pathological risk factor–based prognostication?

- A routine pathology—examining the levels of ER and PgR, looking at the grading of the tumor, at the proliferation indices, measures like Ki67—actually is really good in good hands at doing a very similar thing.
- Eventually, the genomic scores complement what the traditional pathology review shows
  - E.g. A tumors **with a score of 19** and lower grade still do a little better than tumors that are higher grade
  - Tumors that are strongly ER-positive still do better than tumors that are not so strongly ER-positive

# Results: impact of Clinical Risk (CR) on prognosis by RS and age

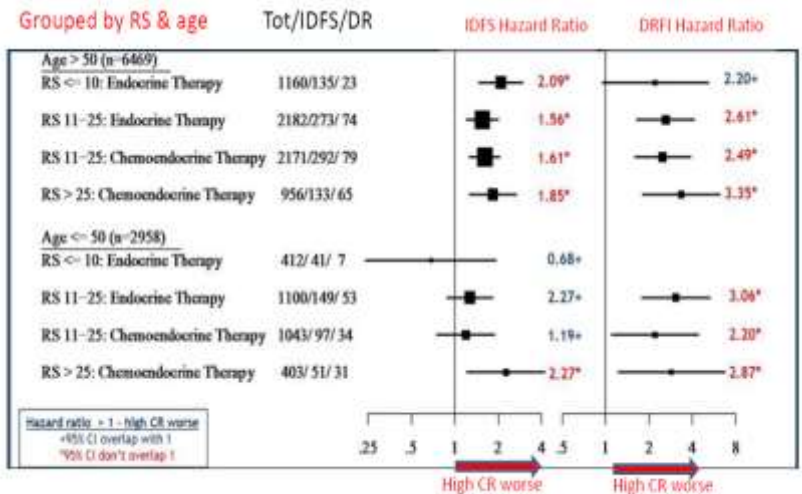
- **Low risk**
  - Tumor  $\leq 1$  cm & high grade
  - Tumor  $\leq 2$  cm & int. grade
  - Tumor  $\leq 3$  cm & low grade
- **High risk** – not meeting low risk criteria

## Results: Impact of Clinical Risk (CR) on Prognosis by RS Group (N=9427) 30% clinical high risk & 70% clinical low risk



**Multivariate model for distant recurrence in RS 11-25 group:**  
 (N=6496 cases and 240 distant recurrences):  
 • Clinical risk: HR for high vs. low risk 2.42, p<0.001  
 • Continuous RS: HR 1.08, p<0.001 (HR for a 1 point higher RS)

Hazard ratio > 1 - high clinical risk worse  
 \*95% CI overlap 1  
 \*95% CI don't overlap 1

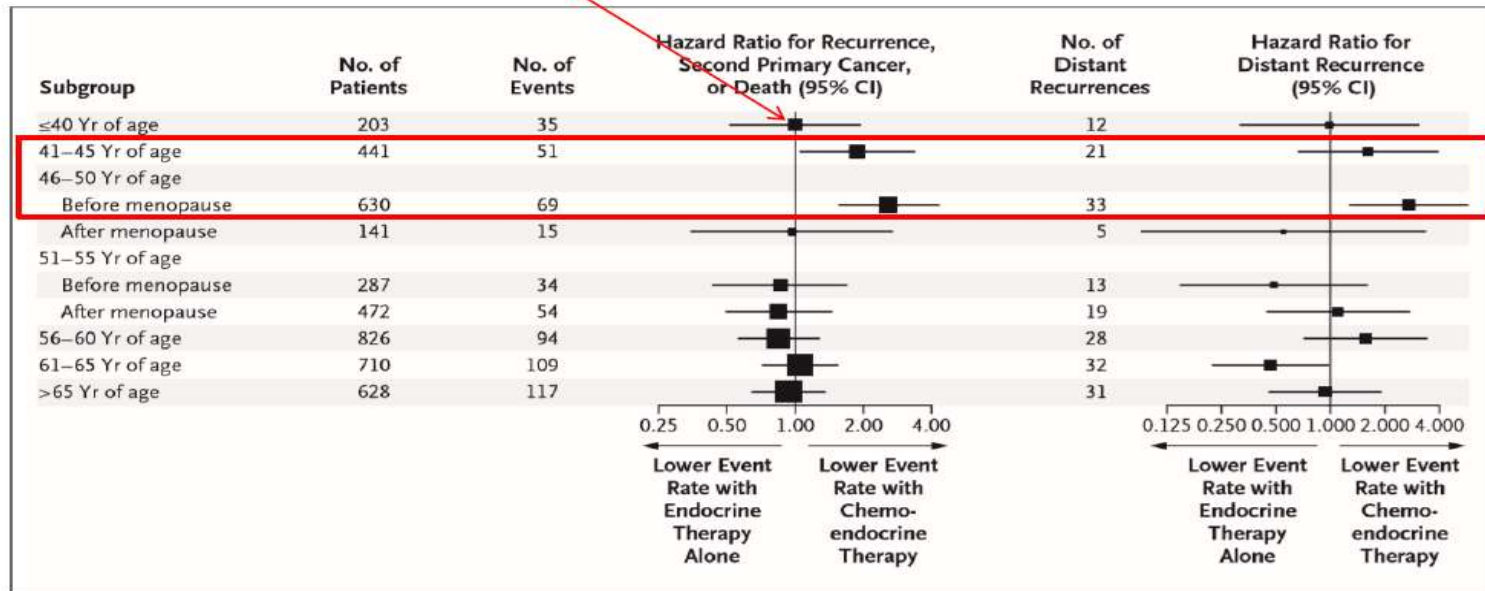


Presented By Joseph Sparano at 2019 ASCO Annual Meeting

Clinical risk provides additional prognostic information to RS for distant recurrence

- In RS 11-25 group irrespective of chemo use – 2.5-3x relative, 5% absolute  $\Delta$
- In RS 26-100 group treated with chemo + ET – 3x relative, 10% absolute  $\Delta$

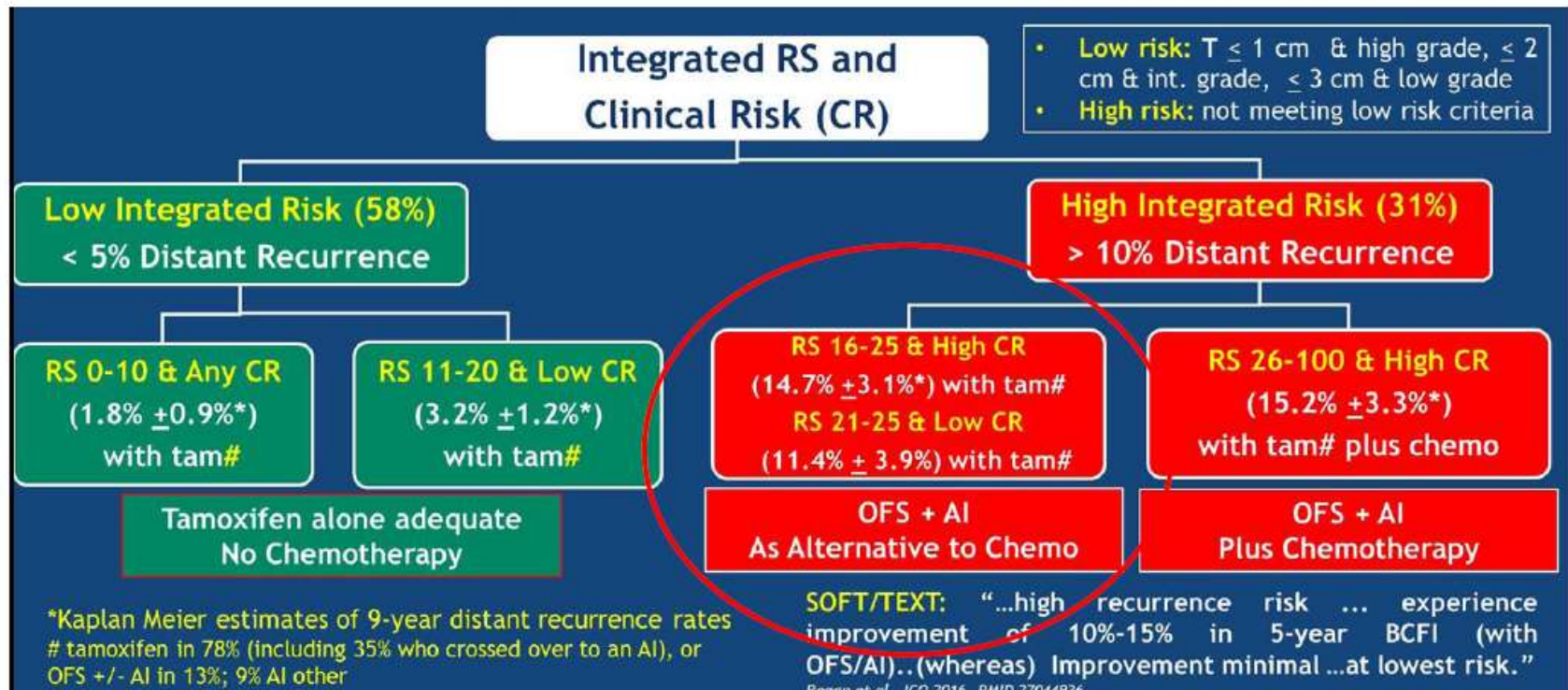
## Effect of Age and Menopausal Status on Chemotherapy Benefit (RS 16-25)



Sparano JA et al. N Engl J Med 2019;380:2395-405.

Absolute chemo benefit if premenopausal and age 45-50 with RS 16-25  
 Castration effect associated with cytotoxic therapy, rather than an effect in eradicating micrometastatic disease.

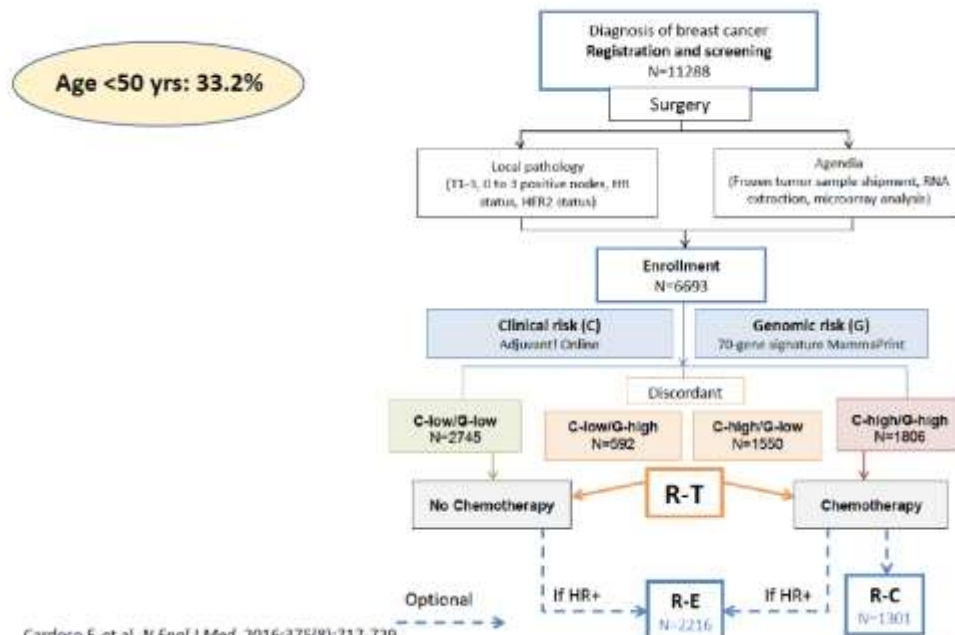
# Potential Clinical Utility of Integrated RS and Clinical Risk for Guiding treatment in Women < 50 years



# Is chemotherapy needed in Node + (1-3)

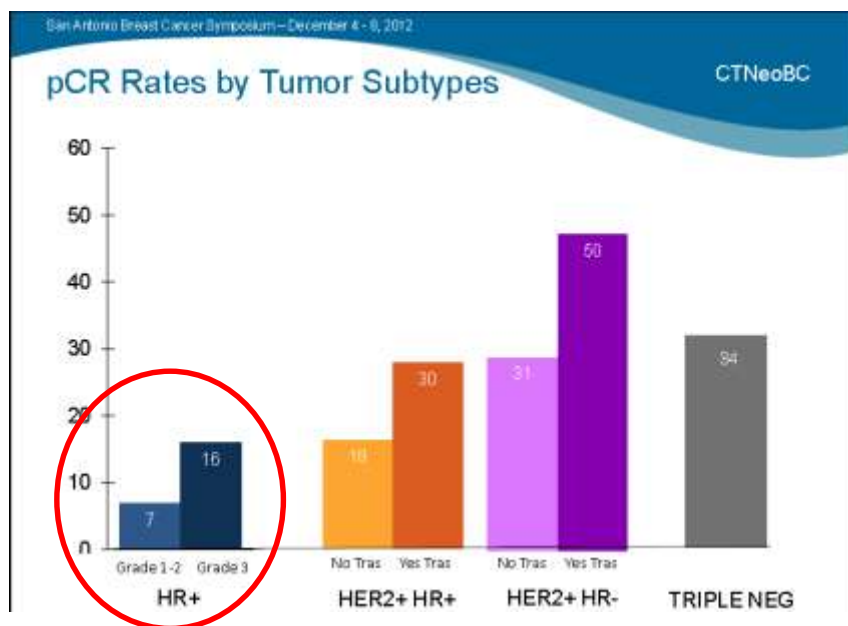
- Data will not be available from RxPonder for several years
- Are we going to treat all pts with 1-3+ Nodes with chemotherapy?
- MINDACT supports use of genomic assay in positive disease
- We can extrapolate results from TailorX (N0) and MINDACT (N+)
  - Not all studies can be conducted in all subsets of pts

## Prospective Validation of 70-Gene Expression Assay in Node-POSITIVE Patients: MINDACT



# Lesson learned from the neoadjuvant setting

ER-positive/HER2-negative carcinomas, especially of the lobular histology and luminal A-like subtype, are generally less responsive to primary CT and may benefit more from primary ET



Neoadjuvant treatment in ER+ BC treated with ET or CT:

Impact of recurrence score on response

	RS < 11	RS 11 to 25		RS > 25
Treatment	ET	ET	CT	CT
N	12	18	11	14
Clinical Response Rate	83%	50%	72%	93%
pCR	0%	0%	0%	14%

Bear HD, et al. J Surg Oncol 2017;115:917-23

# Which chemo regimen, if chemo

## Indications for Chemotherapy

- ER+ and risk factors
  - grade 3 or
  - N $\geq$ 2 or
  - pT $\geq$ 3
  - high proliferation or
  - low ER/PgR or
  - high risk MGS

## Preferred Regimens

Lower risk (e.g. ER+ N0 or N1  
with few additional risk  
factors)

Anthracycline-free regimen  
(e.g. docetaxel +  
cyclophosphamide)

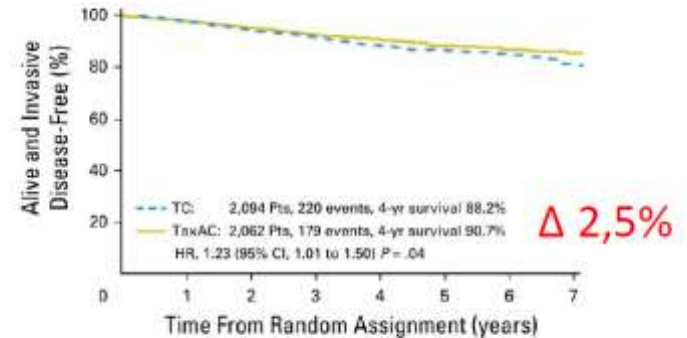
Higher risk (e.g. ER+ N $\geq$ 1 +  
more risk factors;)

Anthracycline + taxane (e.g.  
AC  $\rightarrow$  weekly paclitaxel, or  
TAC)



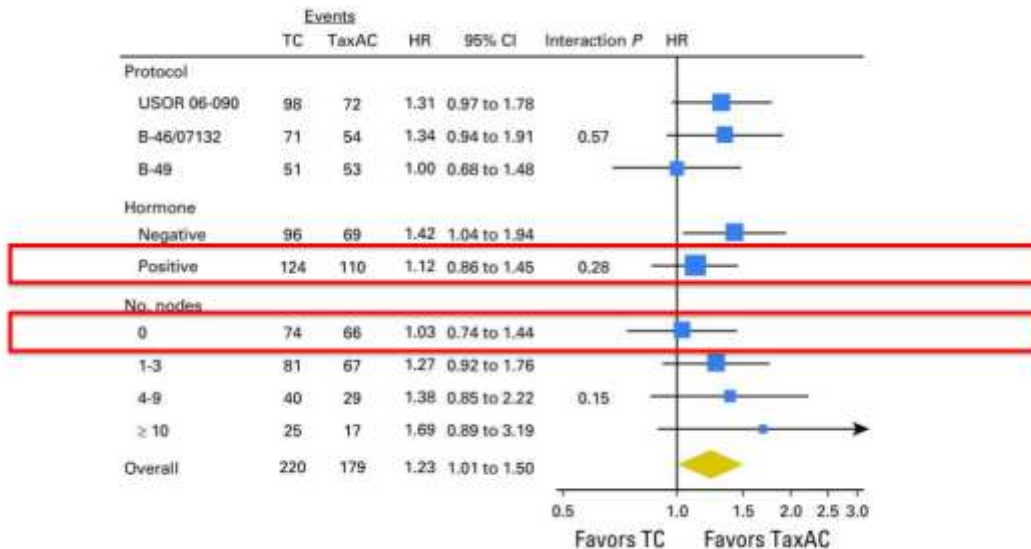
# ABC trials: deescalation?

Joint Analysis of 3 ABC Trials  
TC vs TaxAC  
4242 high risk pts



No. at risk:

	TC	2,005	1,599	1,014	656	591	358	136
TC	2,094							
TaxAC	2,062	1,965	1,575	1,007	847	565	316	132



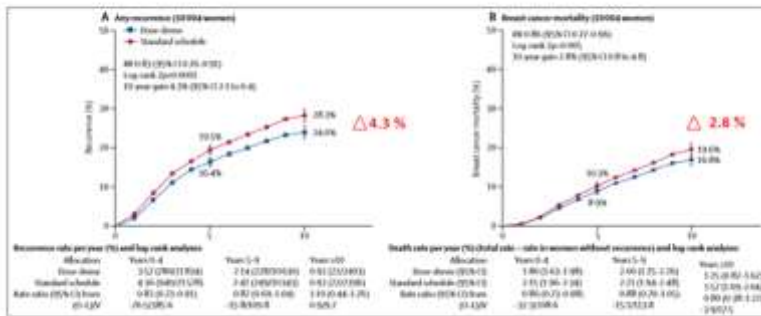
# Dose dense regimens: escalation?

Increasing the dose intensity of chemotherapy by more frequent administration or sequential scheduling: a patient-level meta-analysis of 37 298 women with early breast cancer in 26 randomised trials

Early Breast Cancer Trialists' Collaborative Group (EBCTG)

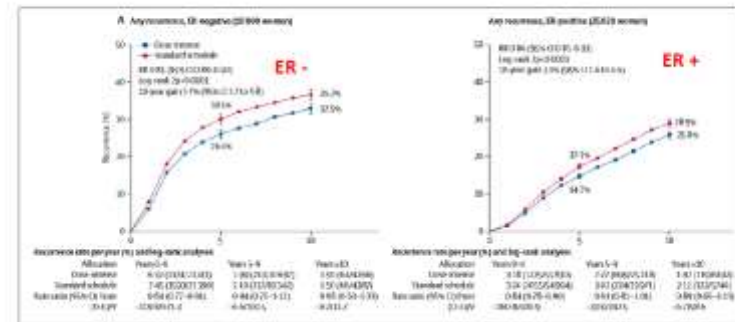
**Summary**  
**Background** Increasing the dose intensity of cytotoxic therapy by shortening the intervals between cycles, or by giving individual drugs sequentially at full dose rather than in lower-dose concurrent treatment schedules, might enhance efficacy.

## Dose-dense (2-weekly) chemotherapy versus the same chemotherapy given 3-weekly



Early Breast Cancer Trialists' Collaborative Group (EBCTG) Lancet 2019; 393: 1440-52

## 10-year breast recurrence by oestrogen receptor status



Early Breast Cancer Trialists' Collaborative Group (EBCTG) Lancet 2019; 393: 1440-52

**CLINICAL PRACTICE GUIDELINES**



National Comprehensive Cancer Network®

The use of dose-dense schedules [with G-CSF support] should be considered, particularly in highly proliferative tumours

# Impact of Cumulative Chemotherapy Dose on Survival With Adjuvant FEC-D Chemotherapy for Breast Cancer

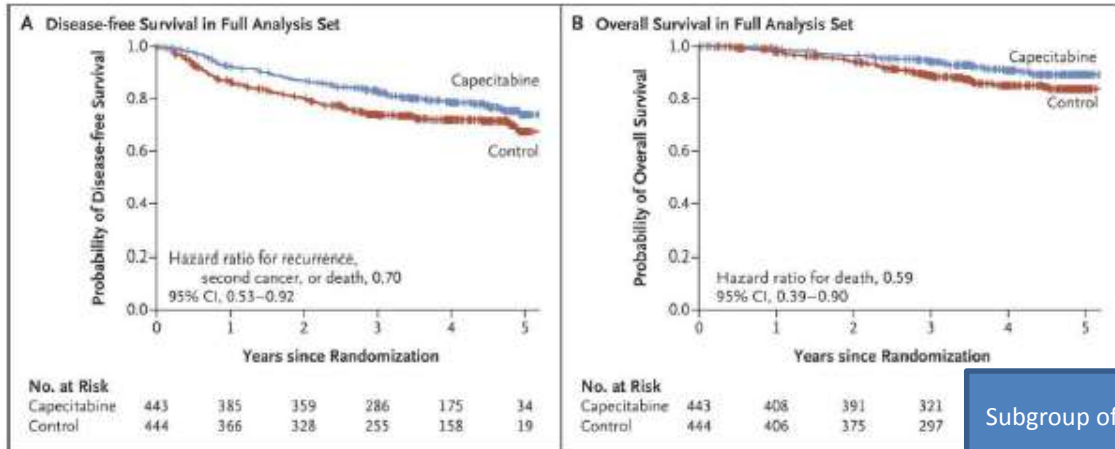
Zachary Veitch, MSc, MD<sup>a,b</sup>; Omar F. Khan, MD<sup>a</sup>; Derek Tilley, MSc<sup>c</sup>; Patricia A. Tang, MD<sup>a</sup>; Domen Ribnikar, MD<sup>b</sup>; Douglas A. Stewart, MD<sup>a</sup>; Xanthoula Kostaras, MSc<sup>c</sup>; Karen King, MD<sup>d</sup>; and Sasha Lupichuk, MD<sup>a</sup>

- 1,302 women with stage I-III HER2-negative breast cancer, included in the Alberta Cancer Registry, received between 4 and 6 cycles of (FEC-D).
- Reduced doses of chemotherapy were received by 16% of patients, while the remaining 84% received at least 85% of their total intended chemotherapy dose.
- Patients who received at least 85% of their total chemotherapy dose had significantly higher 5-year DFS and OS compared to patients who received reduced doses
  - DFS; 86% vs 79%; P = .025
  - OS ; 89% vs 81%; P = .001
- Delayed dosing did not impact outcomes, nor did use of granulocyte colony stimulating factor (GCSF).

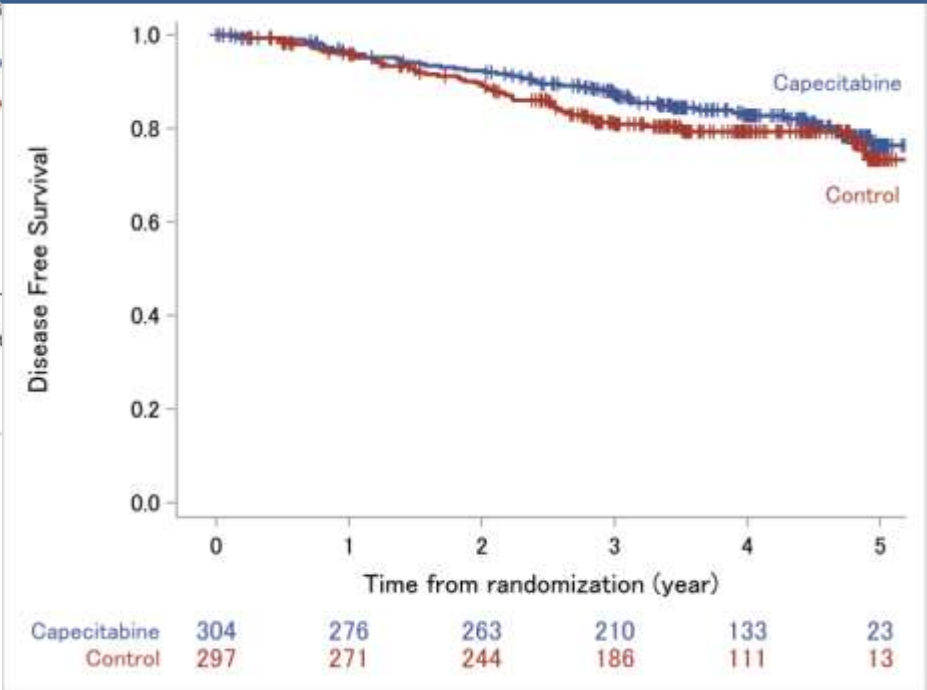
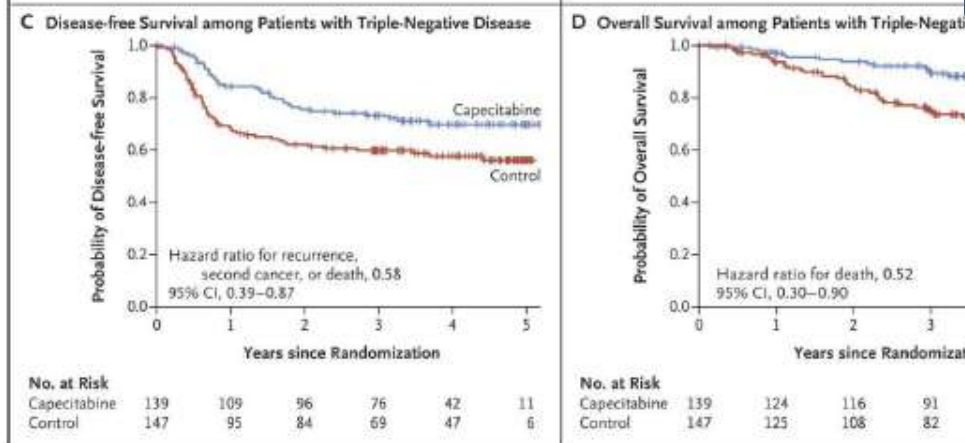
# Adding capecitabine

## Residual disease after neoadjuvant CT ?

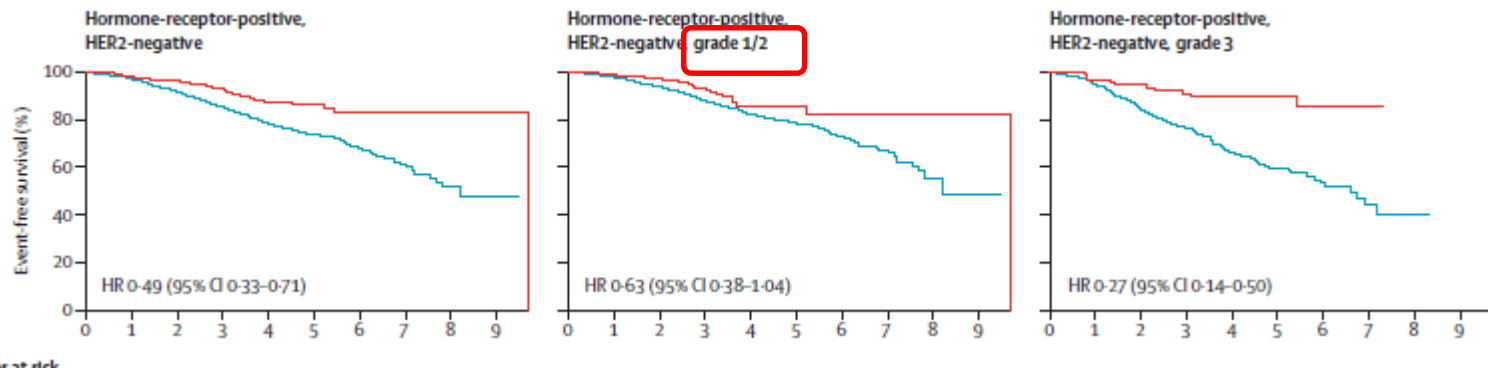
910 HER2- pts with RD and N+ after neoadjuvant chemotherapy



Subgroup of Patients with Hormone Receptor Positive Disease



# pCR and long term clinical benefit in BC: the CTneoBC Pooled analysis (12 trials, 12000 pts)

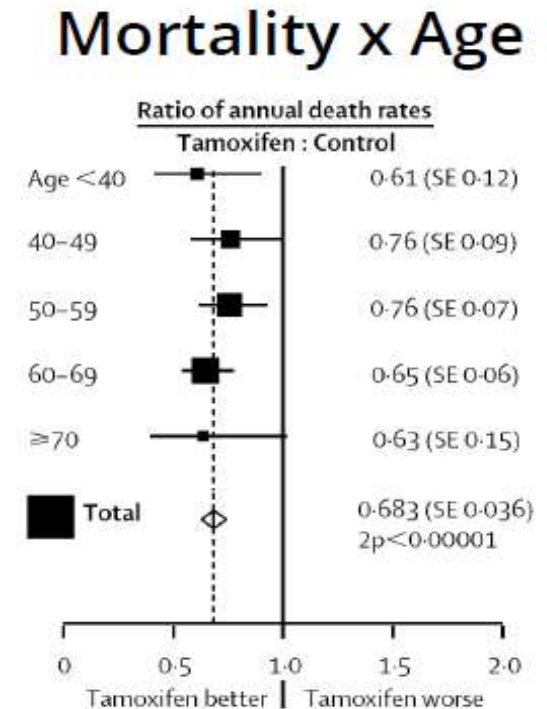
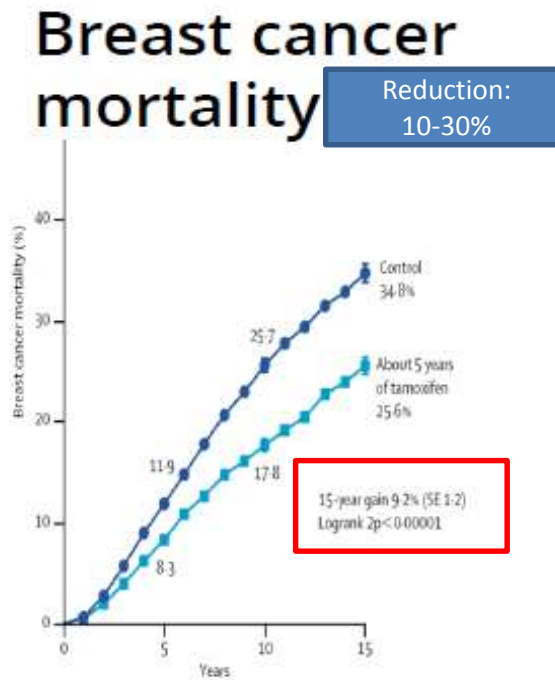
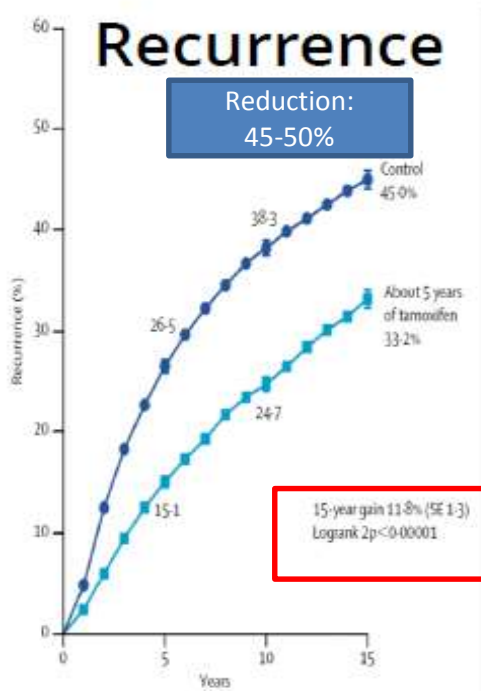


ER- positive Non pCRs do quite well after chemotherapy

# Selection of Adjuvant Endocrine Therapy

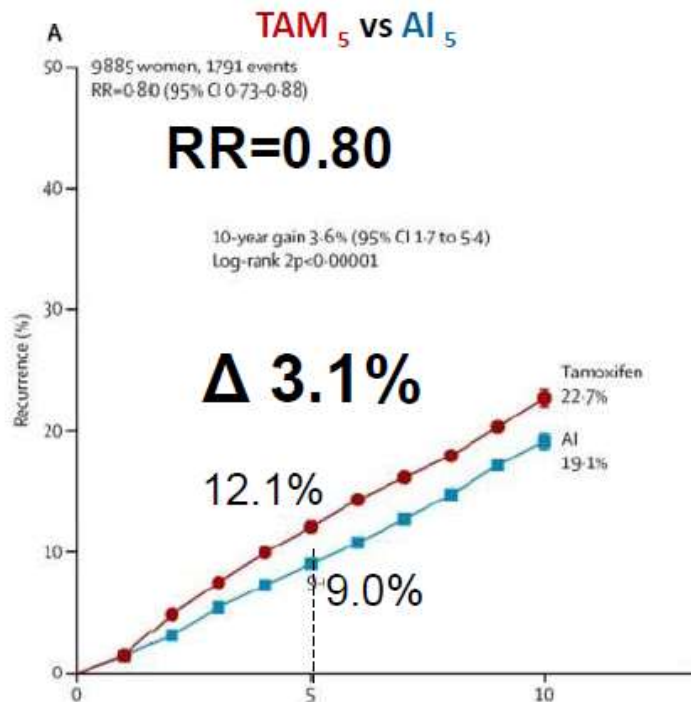
- **Post-menopausal**
  - Aromatase inhibitors
    - Drug of choice for most
      - Upfront x 5-10 ys
      - Sequential after tamoxifen x 2-3 years; total 5-10 ys
      - Sequential after tamoxifen x 5 years; total 10-15 ys
  - Tamoxifen
    - Appropriate for some pts; total 5-10 years
- **Premenopausal**
  - Tamoxifen 5-10 ys
  - Ovarian ablation (OFS) with tamoxifen or AI x 5 ys

# Adjuvant Tamoxifen Prolongs Survival after ER+ Breast Cancer



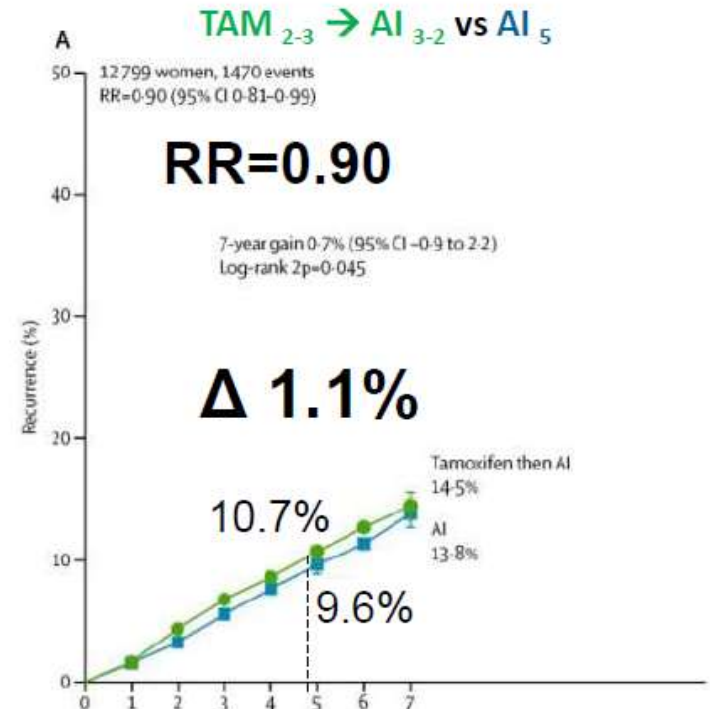
Similar *proportional* reduction of risk of recurrence in N0 and N+  
*Absolute* DFS benefit @ 15 years: N-, 9.1%; N+, 16.1%

# Patient-level meta-analysis of RCTs with endocrine therapy



Recurrence rate/year (%), events/woman-years and log-rank statistics

Allocation	Years 0-1	Years 2-4	Years 5-9	Year 10+
AI	1.62 (157/9691)	2.14 (285/13336)	2.33 (365/15648)	3.23 (20/619)
Tamoxifen	2.41 (230/9542)	2.62 (338/12906)	2.48 (372/14985)	4.54 (24/529)
Rate ratio (95% CI)	0.64 (0.52-0.78)	0.80 (0.68-0.93)	0.92 (0.79-1.05)	0.72 (0.39-1.30)
from (0-E)/V	-41.1/92.8	-34.1/149.0	-15.5/177.2	-3.6/10.7

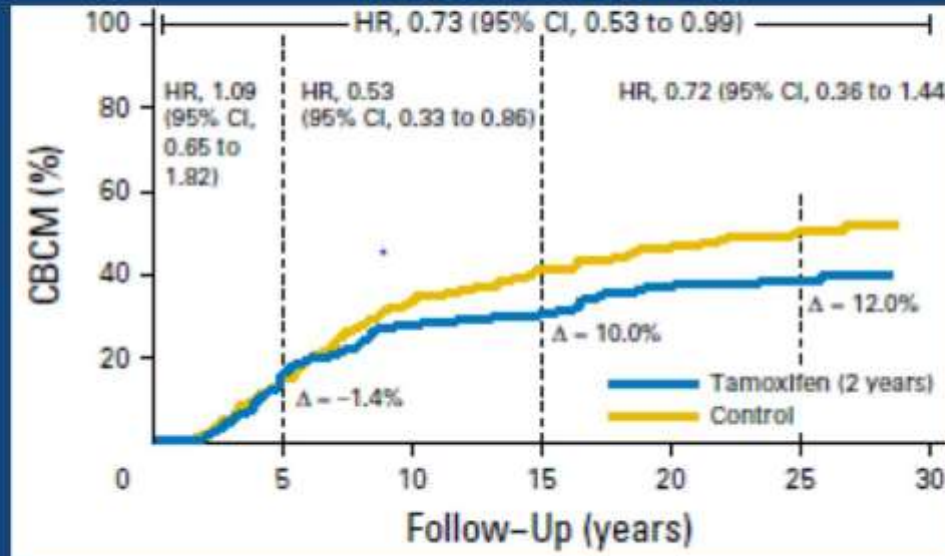


Recurrence rate/year (%), events/woman-years and log-rank statistics

Allocation	Years 0-1	Years 2-4	Year 5+
AI	1.64 (204/12435)	2.31 (360/15589)	2.43 (141/5811)
Tamoxifen then AI	2.22 (273/12290)	2.29 (348/15183)	2.52 (144/5715)
Rate ratio (95% CI)	0.74 (0.62-0.89)	0.99 (0.86-1.15)	0.96 (0.76-1.22)
from (0-E)/V	-34.0/115.0	-1.2/170.6	-2.6/69.2

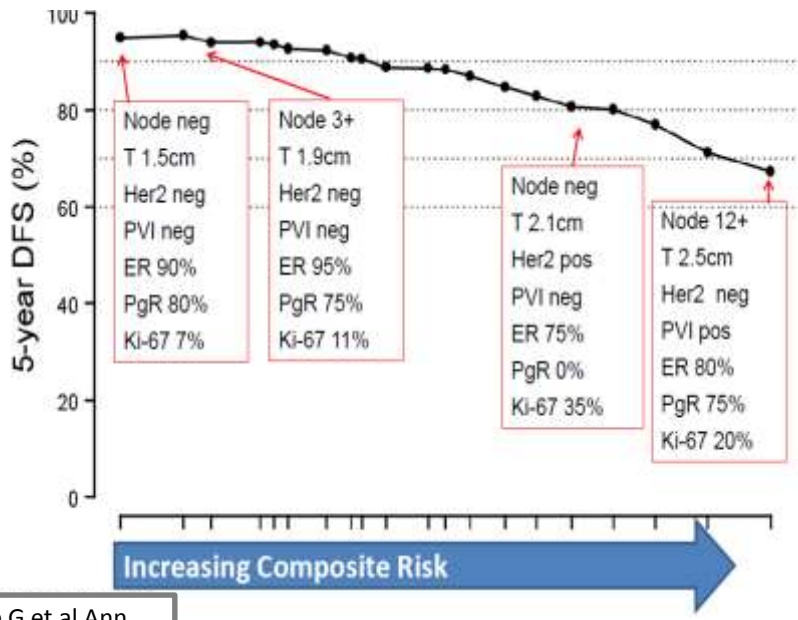


# Adjuvant Tamoxifen for 2 years Premenopausal ER+ve Reducing Breast Cancer Mortality @ 25 years!

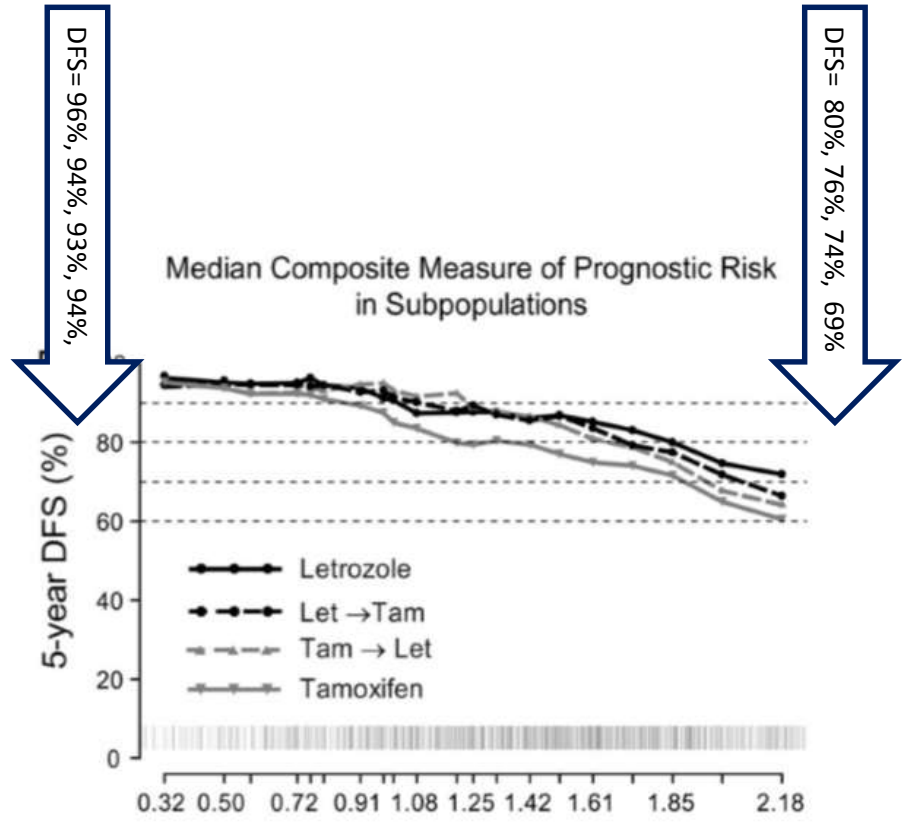


OK to stop  
in case of severe intolerance

# Which post-menopausal patients benefit most from adjuvant aromatase inhibitors?



Viale G et al Ann Oncol 2011



A composite measure of risk informs treatment selection better than individual biomarkers and supports the choice of 5 years of letrozole for patients at highest risk for recurrence.

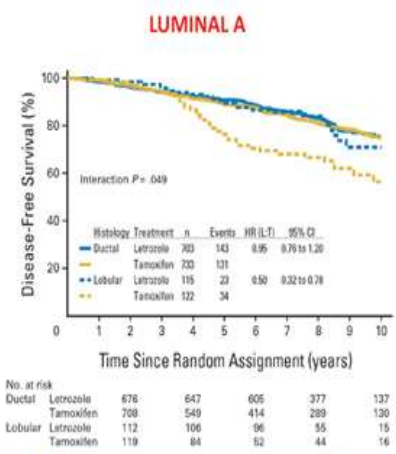
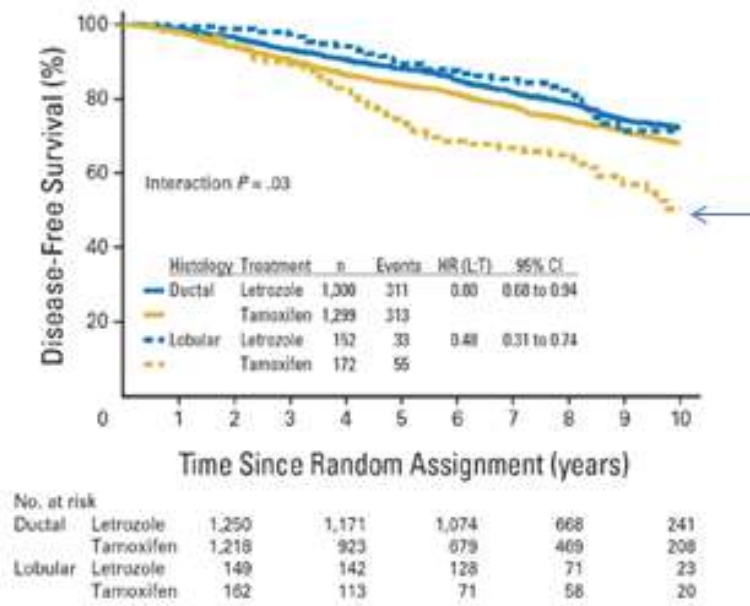
Tamoxifen alone is still appropriate for some patients

Better individual tollerability

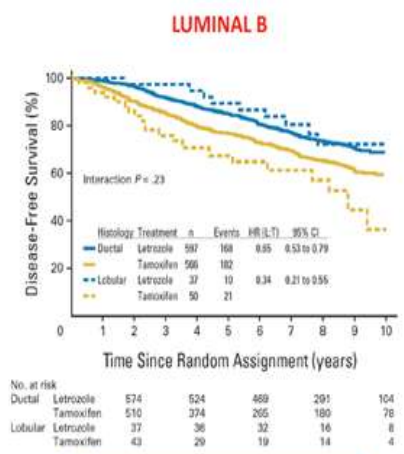
# Which post-menopausal patients benefit most from adjuvant aromatase inhibitors?

## Histology and letrozole effectiveness

## Intrinsic subtypes and letrozole effectiveness



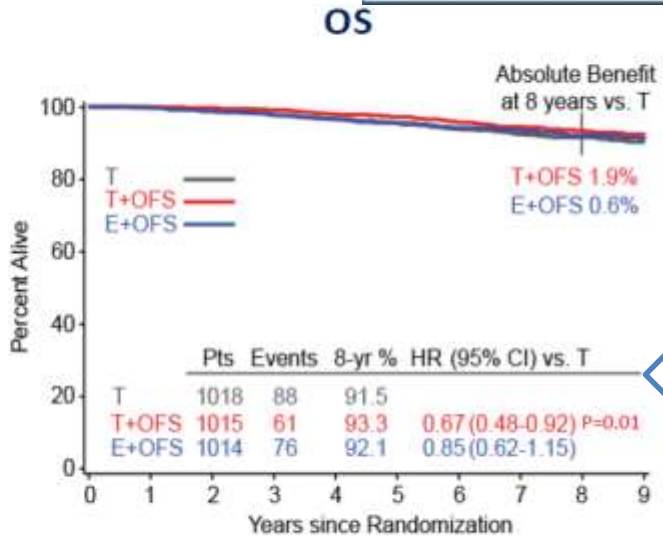
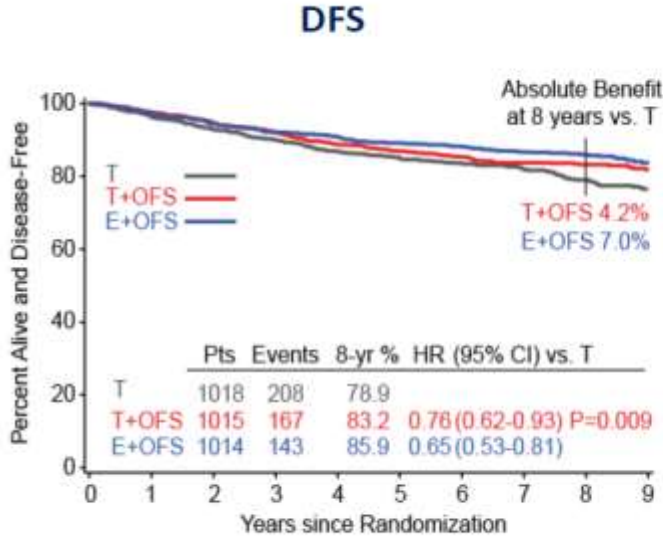
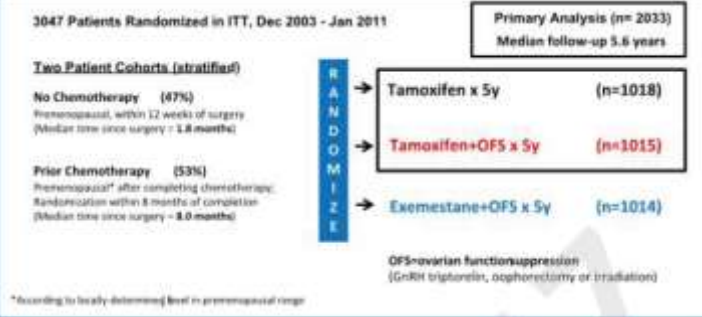
Ductal LA: no difference



Ductal LB: letro>tam

# Does ovarian function suppression/ablation (OFS) improve outcomes, and if so in which patients?

**Tailoring Adjuvant Endocrine Therapy for Premenopausal Breast Cancer**  
 Prud'homme A, Francis M.D., Olivia Pagani, M.D., Glen F. Fleming, M.D., Barbara A. Wallis, M.D., Marco Collinari, M.D., István Láng, M.D., Ph.D., Henry L. Gómez, M.D., Ph.D., Carlo Tondini, M.D., Eva Cuzales, M.D., Harold J. Burstein, M.D., Ph.D., Hervé R. Bonnefoi, M.D., Merveil Bellet, M.D., et al., for the SOFT and TEXT Investigators and the International Breast Cancer Study Group\*



SOFT- 8 years update

## T + OFS significantly improves DFS vs T-alone in overall population

- **Addition of OFS to TAM** significantly improves DFS and OS at 8 ys median FU in DFS in particular for < 35 yrs pts (HR=0.66)
- Population not receiving chemotherapy has a **low risk** of distant metastases at 8 yrs with TAM alone; however, they can derive some benefit from addition of OFS

**8-year DFS (%)**

	T	T + OFS	HR (T+OFS vs T)	E + OFS	HR (E+OFS vs T)
All	78.9	83.2	0.76 (0.62-0.93)	85.9	0.65 (0.53-0.81)
No chemo	87.4	90.6	0.76 (0.52-1.12)	92.5	0.58 (0.38-0.88)
Prior chemo	71.4	76.7	0.76 (0.60-0.97)	80.4	0.68 (0.53-0.88)
<35 yrs (n = 350)	64.3	73.0	0.66 (0.4-1.07)	77.4	0.52 (0.31-0.87)

Fleming G, et al. SABCS 2017: Abstract GS4-03.  
 Francis PA et al NEJM 2018

# Quesito grade: soppressione ovarica + Tam (basso rischio)

THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

## Tailoring Adjuvant Endocrine Therapy for Premenopausal Breast Cancer

P.A. Francis, O. Pagani, G.F. Fleming, B.A. Waley, M. Colleseri, L. Liang, H.L. Gómez, C. Tondini, E. Cruzales, H.J. Barstow, H.R. Bonneli, M. Bellat, S. Martino, C.E. Geyer, Jr., M.P. Goetz, V. Stearns, G. Finotti, F. Puglisi, S. Spazzapan, M.A. Clement, L. Pavesi, T. Ruzisalin, N.E. Davidson, R. Coleman, M. Dehdol, S. Buchholz, J.N. Jaggi, E.P. Winer, R. Malikbeth, M. Rabaglio-Paretti, B. Rupp, A. Di Leo, A.S. Coates, R.D. Gelber, A. Goldhirsch, and M.M. Regan, for the SOFT and TEXT Investigators and the International Breast Cancer Study Group\*

N Engl J Med 2018;379:222-37.  
DOI: 10.1056/NEJMoa1801044

OFS + Tam vs Tam, follow up mediano 8 anni:

- Confermato beneficio DFS
- Beneficio in OS
- Vantaggio evidente per le pazienti trattate con CT

Nelle donne in premenopausa con carcinoma mammario operato, recettori ormonali positivi, HER2 negativo, a basso rischio, è raccomandabile l'aggiunta della soppressione ovarica al tamoxifene?

Qualità Globale delle evidenze GRADE	2017	Raccomandazione clinica	Forza della raccomandazione clinica
Moderata		Nelle donne in premenopausa con carcinoma mammario operato, recettori ormonali positivi, HER2 negativo, a basso rischio, l'aggiunta della soppressione ovarica al tamoxifene non dovrebbe essere presa in considerazione.	Negativa Debole

Leggere capitolo 15- Raccomandazioni prodotte secondo metodologia GRADE



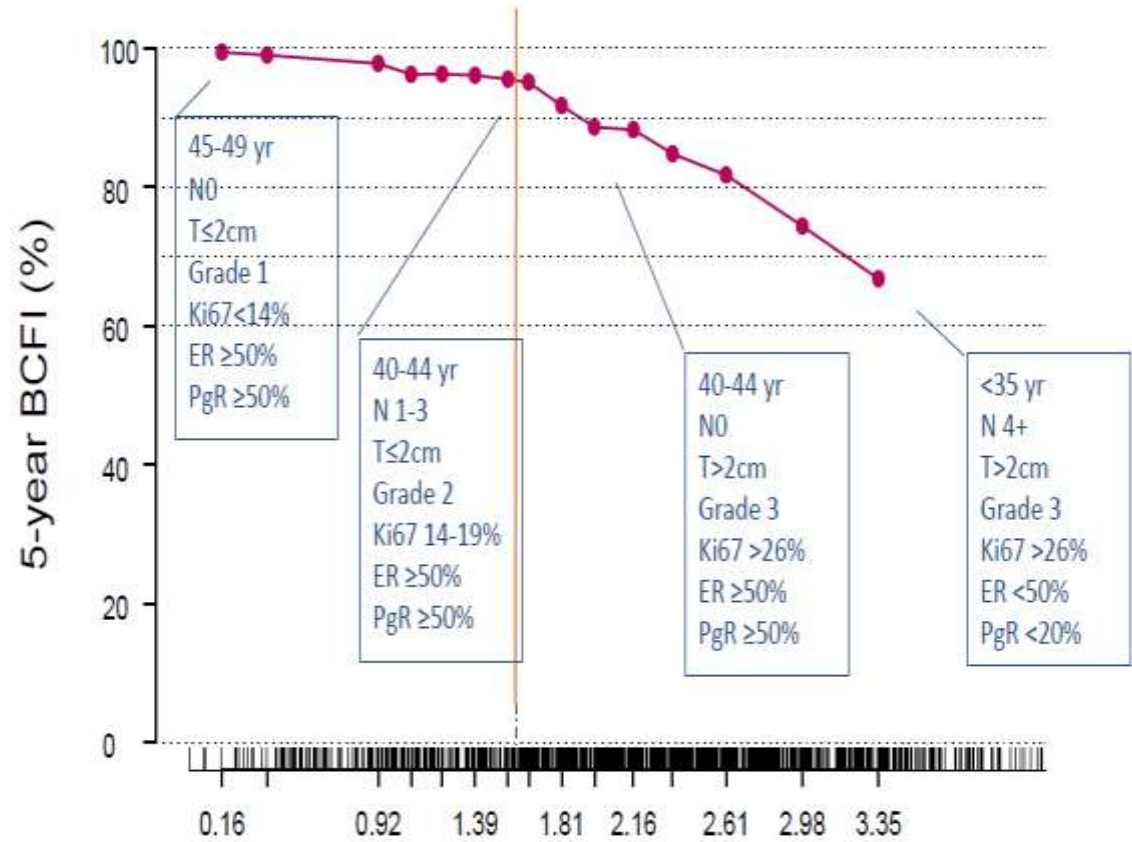
Qualità Globale delle evidenze GRADE	2018	Raccomandazione clinica	Forza della raccomandazione clinica
Moderata		Nelle donne in premenopausa con carcinoma mammario operato, recettori ormonali positivi, HER2 negativo, a basso rischio, l'aggiunta della soppressione ovarica al tamoxifene non dovrebbe essere presa in considerazione.	Negativa Debole

Leggere capitolo 14- Raccomandazioni prodotte secondo metodologia GRADE

# SOFT and TEXT HER2-negative population Composite risk and STEPP analysis

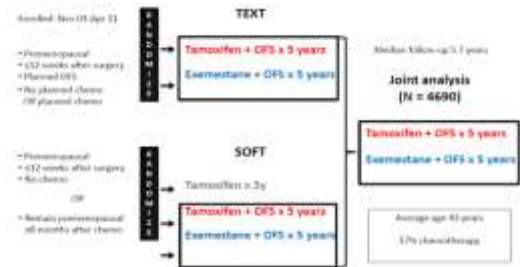


- Combined standard clinico-pathological features into a single value for each patient- a continuous, composite measure of recurrence risk: «composite risk»
- Age (5-ys groups), nodal status (0, 1-3, ≥4), T size (≤2, ≥2)
- ER (<50%, ≥50%), PgR (<20%, 20-49%, ≥50) ki67 (<14%, 14-19%, 20-25%, ≥26%)



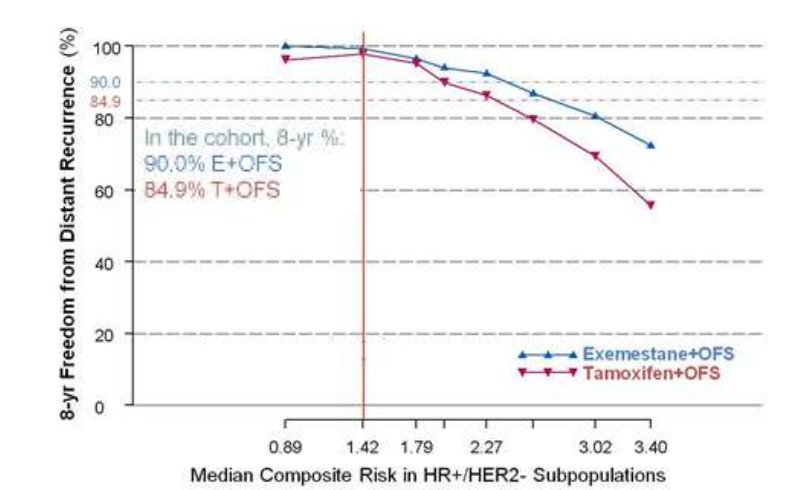
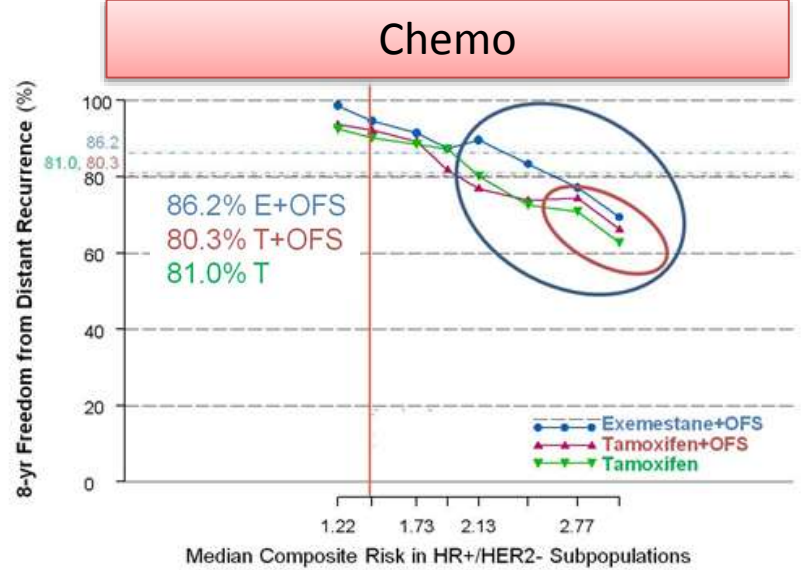
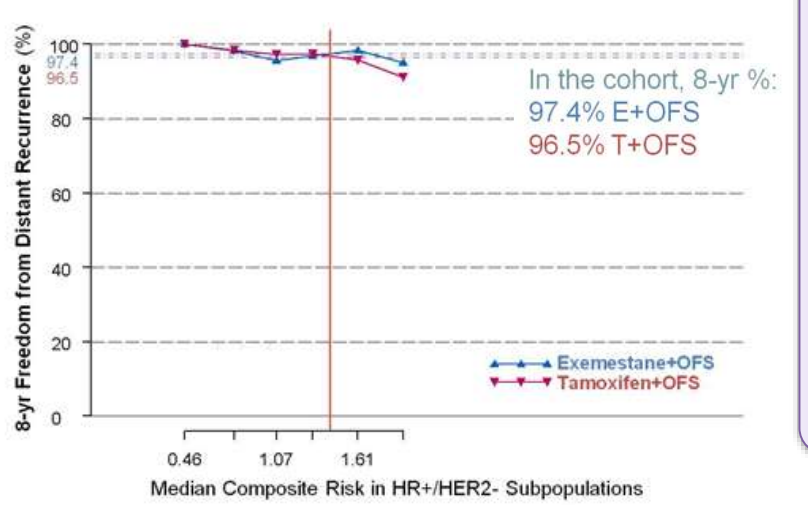
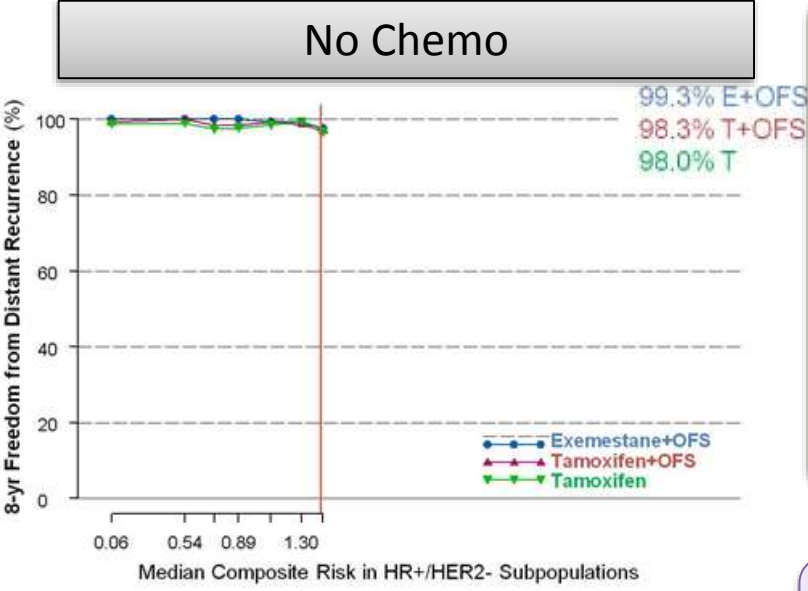
Median Composite Risk Score in Subpopulations

# Are aromatase inhibitors better than tam, if combined with OFS?



SOFT

TEXT



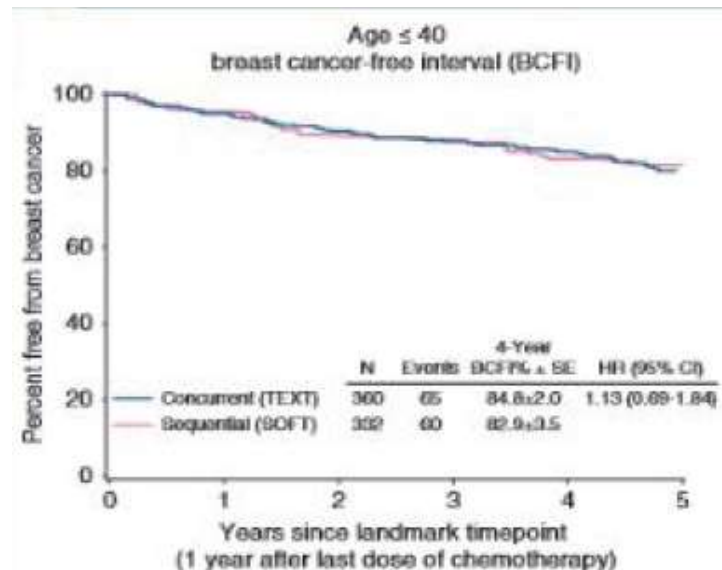
Regan et al; JCO 2016; ASCO 2018

# Caution with IA

- Beware AI use in women < 50ys with chemotherapy-induced amenorrhea (unless LHRHa or Oophorectomy)-significant rates of ovarian recovery
- Prolonged amenorrhea on TAM is not equal menopause
- Tamoxifen reduces FSH and LH levels in postmenopausal women making determination of menopausal status more difficult
- The risk of OFR during treatment with AIs in amenorrheic women in their 40s is high, and AI therapy alone should be avoided in these patients.
- Concurrent use of LHRHa and chemotherapy is a safe option (provides some protection of ovarian function)

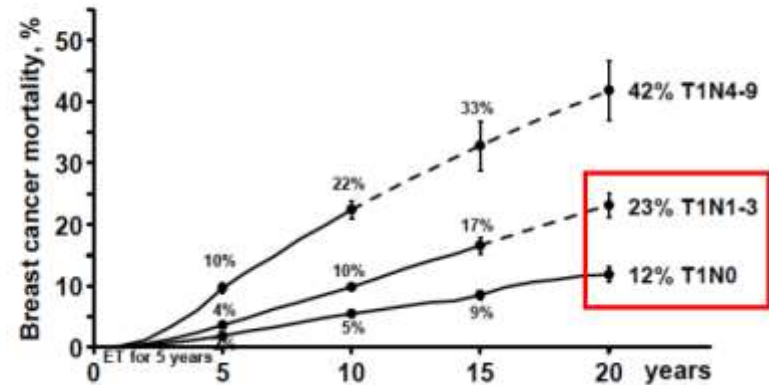
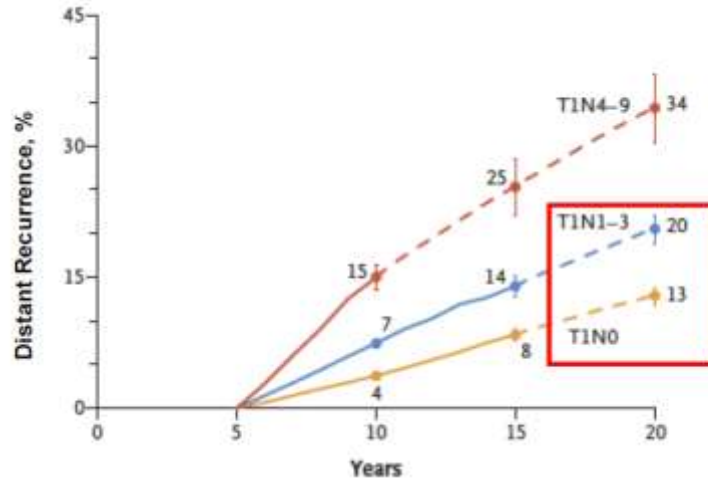
Non randomized comparative effectiveness modeling outcomes women  $\leq 40$  ER+ BC receiving chemotherapy and LHRH in TEXT (concurrent) or SOFT (sequential)

Smith et al JCO 2006  
Guerrero et al Ann Oncol 2012  
Krekow LK JCO 2016, 34.1594-600  
Regan et al Ann Oncol 2017





# Recurrence Risk After 5 Years of Adjuvant Endocrine Therapy



- After 5 years of adjuvant endocrine therapy, breast cancer recurrence continues to occur steadily from 5 years to 20 years
- Risk of DR and breast cancer mortality strongly correlates with original TN status (but also grading, ki67, PgR expression)

## 20-Year Risks of Breast-Cancer Recurrence after Stopping Endocrine Therapy at 5 Years

*N Engl J Med* 2017;377:1836-46.  
 Hengshao Pan, Ph.D., Richard Gray, M.Sc., Jeremy Braybrooke, B.M., Ph.D.,  
 Christina Davies, B.M., B.Ch., Carolyn Taylor, B.M., B.Ch., Ph.D., Paul McGuire, Ph.D.,  
 Richard Peto, F.R.S., Kathleen I. Pritchard, M.D., Jonas Bergh, M.D., Ph.D.,  
 Mitch Dowsett, Ph.D., and Daniel F. Hayes, M.D., for the IBCTCG\*

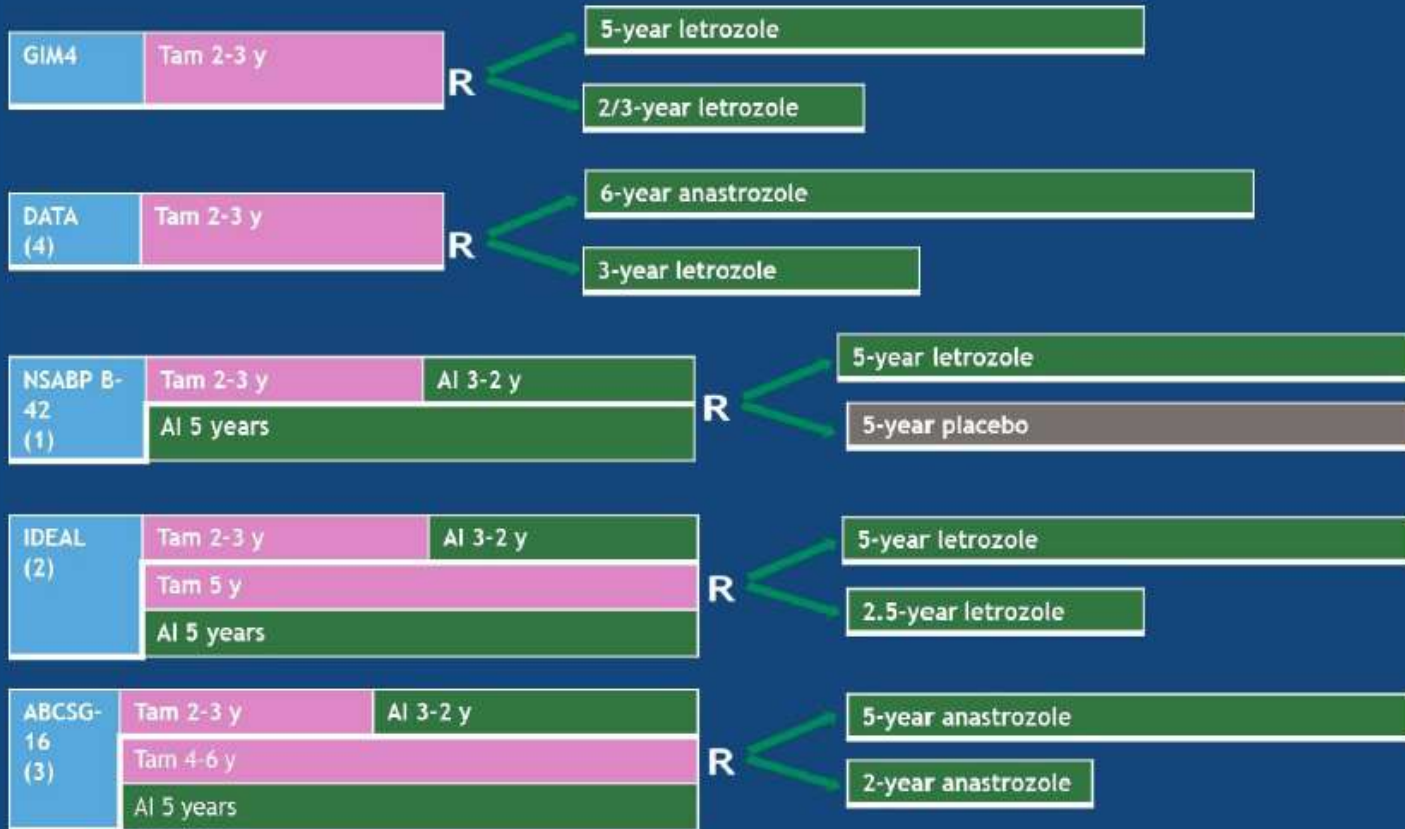
	Years 0-5 (on endocrine, 74,194 women)		Years 5-20 (off endocrine, 62,923 women)	
	Events	Women	Events	Women
<b>Tumor grade (differentiation)</b>				
Low (well diff.)	337	8913	352	8023
Moderate	2434	29158	1575	23490
High	2617	17137	863	12077
Unknown grade	1952	18986	1907	19333
<b>Ki-67 status</b>				
0-9%	143	3166	129	2796
10-19%	236	3379	167	2624
≥20%	391	2919	188	2072
Unknown	6570	64730	4233	55231
<b>Progesterone receptor status</b>				
ER+, PgR-poor	1600	11733	877	8875
ER+, PgR+	4523	56008	2573	45240
PgR unknown	817	5853	1047	8908
		RR (95% CI)		RR (95% CI)
Low (well diff.)		0.45 (0.41-0.50)		0.72 (0.65-0.80)
Moderate		0.86 (0.83-0.90)		1.03 (0.98-1.08)
High		1.52 (1.48-1.58)		1.12 (1.05-1.20)
Unknown grade				
Ki-67 status				
0-9%		0.80 (0.50-0.71)		0.86 (0.72-1.03)
10-19%		0.90 (0.79-1.02)		0.96 (0.82-1.12)
≥20%		1.56 (1.40-1.74)		1.24 (1.05-1.46)
Unknown				
Progesterone receptor status				
ER+, PgR-poor		1.42 (1.35-1.49)		1.07 (0.99-1.15)
ER+, PgR+		0.91 (0.89-0.94)		0.99 (0.95-1.03)
PgR unknown				

Adj for TN; mean RR=1.0

# Extended Endocrine Therapy

- Extended endocrine therapy beyond 5 ys further reduced risk of recurrence
  - Absolute benefit low (1-3%)
  - Tamoxifen after tamoxifen: 1/3 relative reduction
  - AI after Tamoxifen: 1/2 relative reduction
  - AI after AI: controversial
  
- Extended endocrine therapy has additional toxicity

# Extended adjuvant AI studies



ET duration, years	HR DFS
5 vs 7/8	0.81 (0.65-1.00)
5/6 vs 8/9	0.79 (0.62-1.02)
5 vs 10	0.85 (0.62-1.02)
7.5 vs 10	1.007 (0.87-1.16)
7 vs 10	0.92 (0.74-1.16)

1. Mamounas; Lancet Oncol. 2019; 20:88-99; 2. Blok; J Natl Cancer Inst 2018; 110:40-48; 3. Gnant; SABCs 2017; 2. 4. Tjan-Heijnen ; Lancet Oncol 2017; 18:1502-11

# Extended aromatase inhibitor treatment following 5 or more years of endocrine therapy: a meta-analysis of 22,192 women in 11 randomized trials

Early Breast Cancer Trialists' Collaborative Group (EBCTCG)

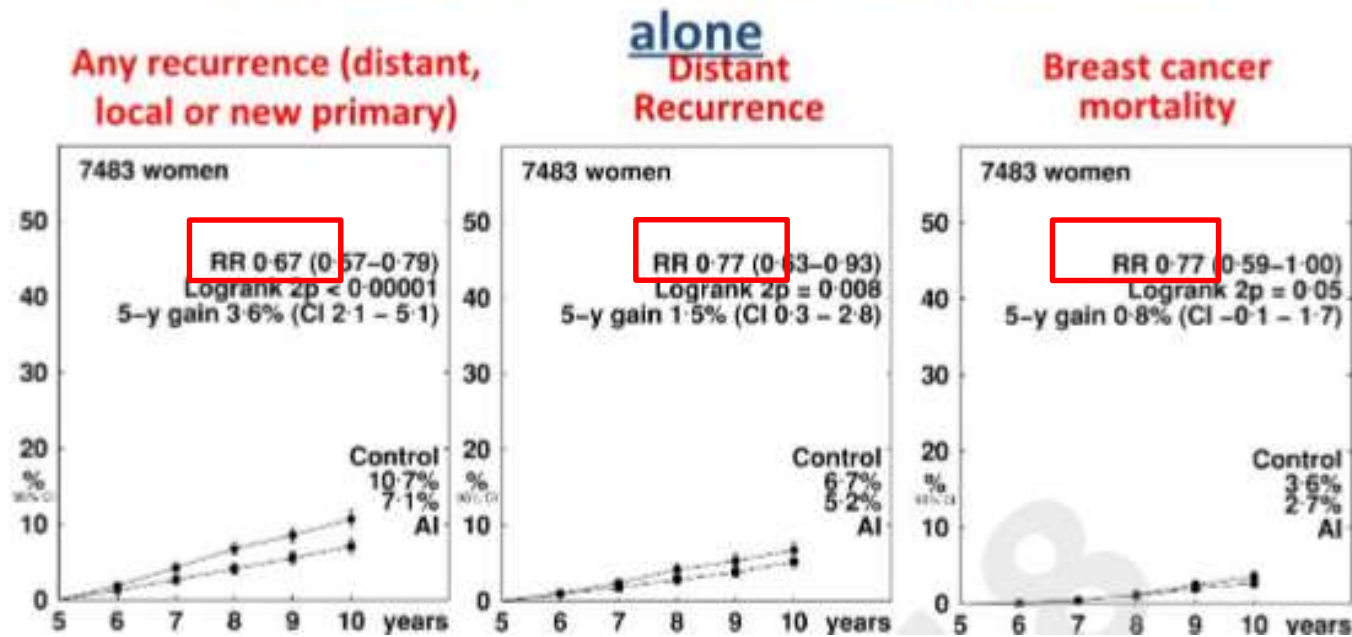
Postmenopausal women with ER-positive (99%) or ER-unknown (1%) tumors in trials of:

Any third-generation AI (exemestane, anastrozole, letrozole) vs no further adjuvant therapy following:

- a)  $\approx$  5 years of tamoxifen alone (n=7,500)
- b)  $\approx$  5-10 years of tamoxifen then AI (n=12,600)
- c)  $\approx$  5 years of AI alone (n=4,800)

Gray SABCS 2018

## (a) Trials of AI after $\approx$ 5 years of Tamoxifen



5-y gain: 3.6% (p < 0.001)

5-y gain: 1.5% (p = 0.008)

5-y gain: 0.8% (p = 0.05)

# Extended aromatase inhibitor treatment following 5 or more years of endocrine therapy: a meta-analysis of 22,192 women in 11 randomized trials

Early Breast Cancer Trialists' Collaborative Group (EBCTCG)

Postmenopausal women with ER-positive (99%) or ER-unknown (1%) tumors in trials of:

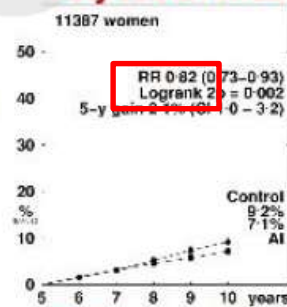
Any third-generation AI (exemestane, anastrozole, letrozole) vs no further adjuvant therapy following:

- a) ≈ 5 years of tamoxifen alone (n=7,500)
- b) ≈ 5-10 years of tamoxifen then AI (n=12,600)
- c) ≈ 5 years of AI alone (n=4,800)

Gray SABCS 2018

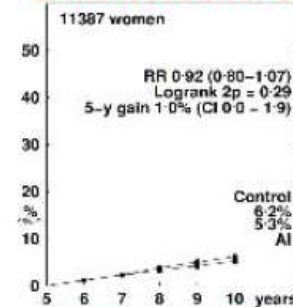
Tam → AI (5-10y) → extended AI

## Any recurrence



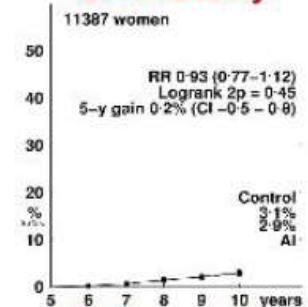
5-year gain: 2.1% (p=0.002)

## Distant recurrence



1.0% (p=0.29)

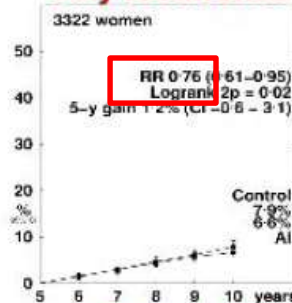
## BC mortality



0.2% (p=0.45)

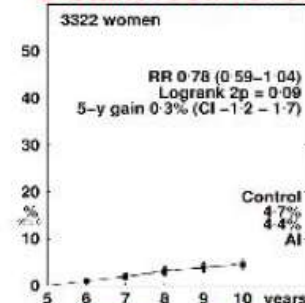
AI → extended AI

## Any recurrence



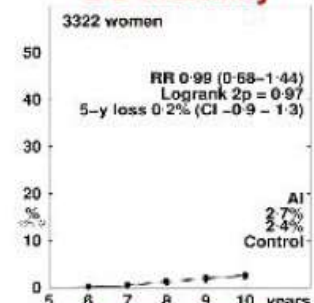
5-year gain: 1.2% (p=0.02)

## Distant recurrence



0.3% (p=0.09)

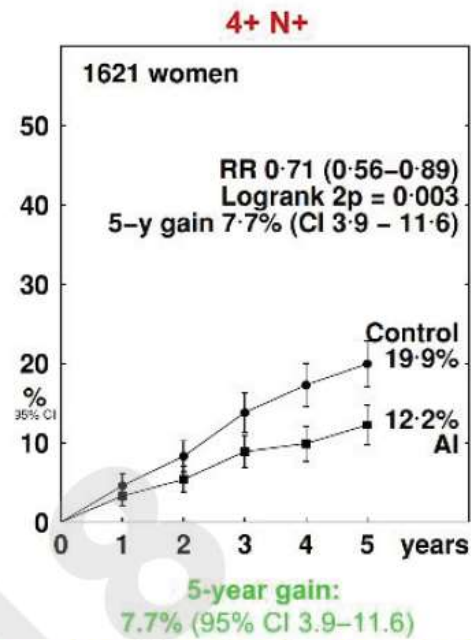
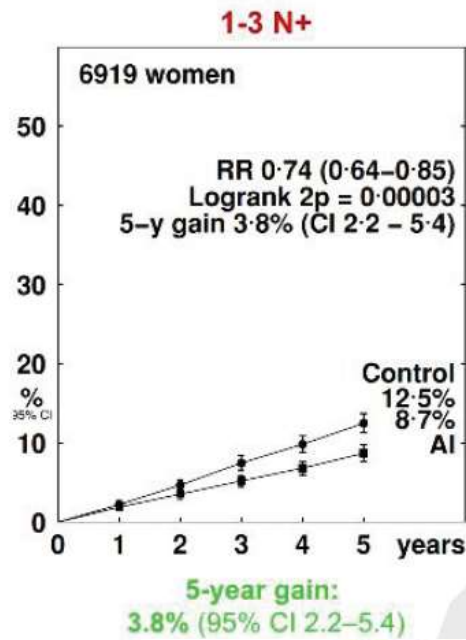
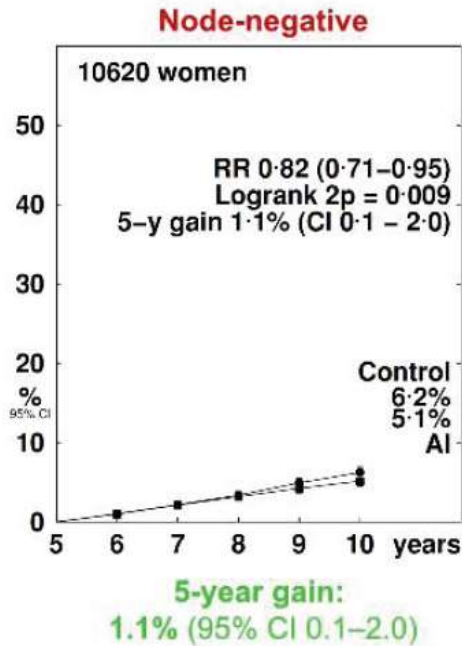
## BC mortality



0.2% (p=0.97)

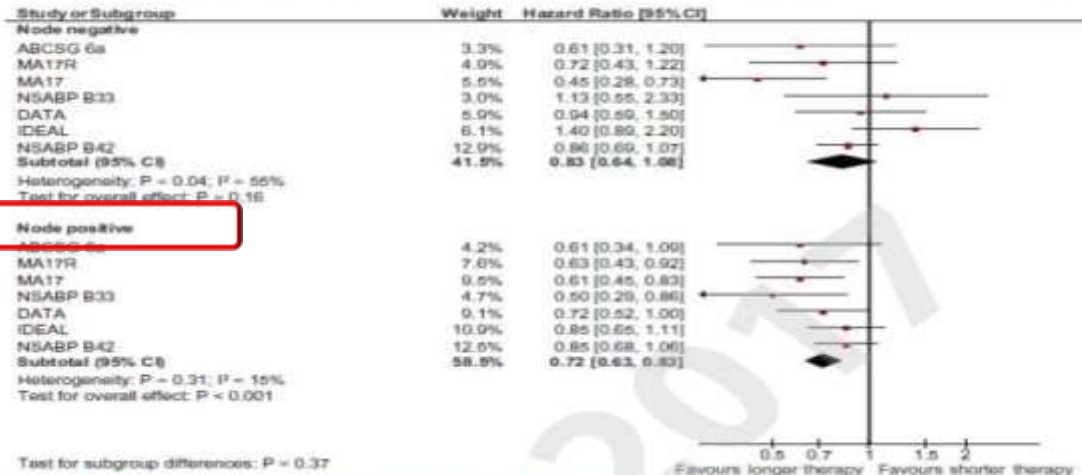
Gray SABCS 2018

# Recurrence by nodal status – all trials



## Meta-analysis: Extended AI Therapy

### Forest Plot for Disease-free Survival According to Nodal Involvement



# Toxicity of Extended Adjuvant Therapy With Aromatase Inhibitors in Early Breast Cancer: A Systematic Review and Meta-analysis



JNCI Natl Cancer Inst (2018) 110(1): djx141

Hadar Goldvaser, Tristan A. Barnes, Boštjan Šeruga, David W. Cescon, Alberto Ocaña, Domen Ribnikar, Eitan Amir

## Pooled absolute risk of adverse event

Trial	Cardiovascular disease		Fractures		Treatment discontinuation for AE		Second cancers		Death without recurrence	
	Absolute difference, %	NNH	Absolute difference, %	NNH	Absolute difference, %	NNH	Absolute difference, %	NNH	Absolute difference, %	NNH
ABCSG 6	+0.26	+385	-0.29	-345	+9.83	+11	NR	NR	+0.84	+120
MA.17	+0.21	+477	+0.71	+141	+1.29	+78	-0.27	-371	-0.19	-527
NSABP B-33	NR	NR	+1.01	+100	NR	NR	-0.01	-10 000	-0.64	+157
DATA	+0.58	+173	+2.35	+43	+8.57	+12	+0.61	164	NR	NR
IDEAL	+4.14	+25	+3.22	+32	+8.29	+13	NR	NR	NR	NR
MA.17R	+1.82	+55	+4.64	+22	+1.75	+58	NR	NR	+0.28	+358
NSABP B-42	+0.57	+176	+0.67	+150	+3.23	+31	-0.39	-257	+0.67	+150
Weighted pooled effect	<b>+0.82</b>	+122	<b>+1.39</b>	+72	<b>+4.82</b>	+21	<b>-0.16</b>	-625	+0.27	+371

Goldvaser et al JNCI 2018

**Toxicity is an important reason for non-adherence**

# Extended Duration of Adjuvant Therapy For All?

- Late recurrences are real
  - Baseline stage/grade/biomarkers are persistent prognostic factors and can be used to frame risk of late recurrence
- Treatment pros/cons
  - Benefits include lower distant recurrence and secondary prophylaxis
  - Side effects include ongoing familiar symptoms and bone health risks

## **Consider extended adjuvant endocrine therapy in:**

Women with stage 3 cancers

Women with stage 2 cancers at higher risk, especially node-positive

Women with stage 1 cancers on individualized basis and with additional goal of secondary prevention

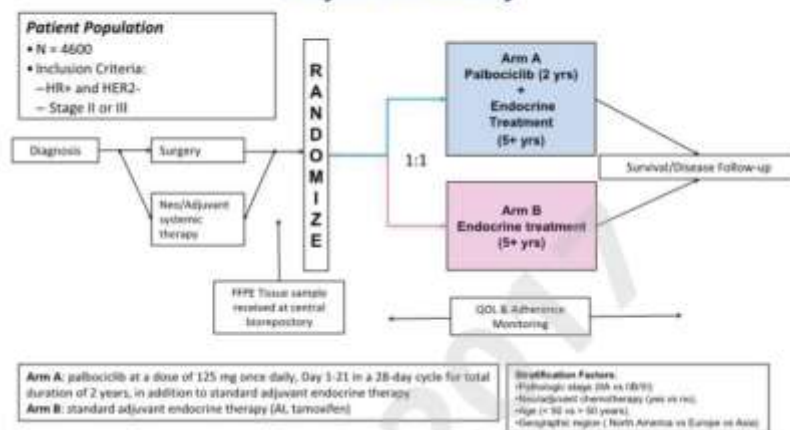
Especially patients who have tolerated treatment

Especially patients who started with tamoxifen

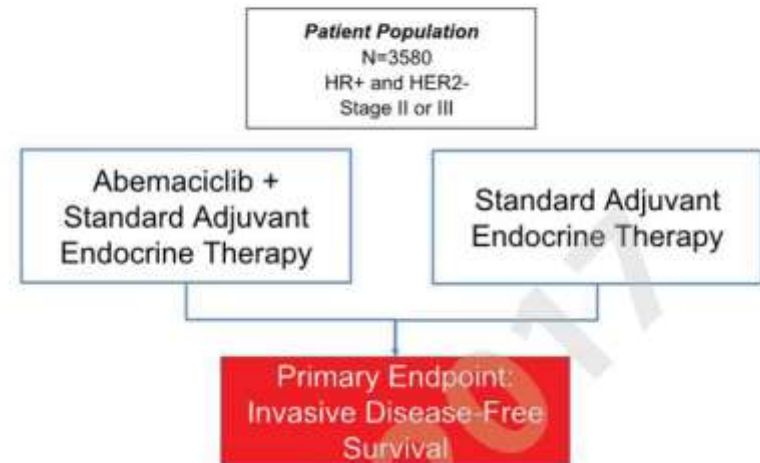


# The future

## PALLAS: PALbociclib CoLLaborative Adjuvant Study



## monarchE: Adjuvant Endocrine Therapy With or Without Abemaciclib



# Other possible strategies in adjuvant therapy

- Based on a meta-analysis data, the use of bisphosphonates as adjuvant treatment of postmenopausal women with breast cancer is indicated
- Zoledronic acid every 6 months for 5 years, or daily oral clodronate for 3 years.
- Denosumab has been shown to reduce bone-health related events in breast cancer patients and may reduce recurrence

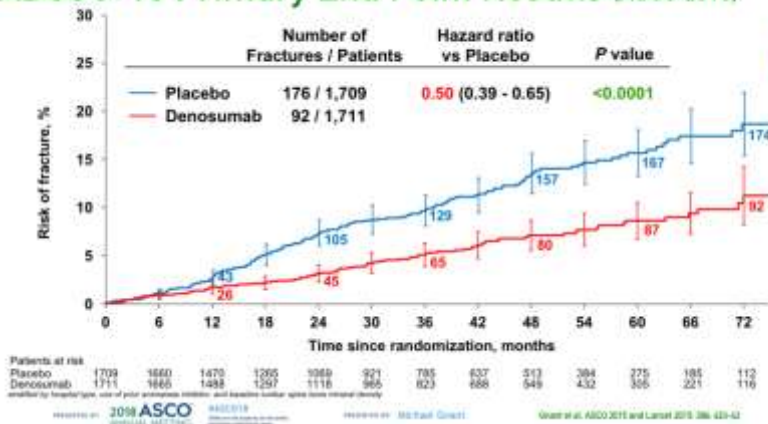
## Effects of bisphosphonate treatment on recurrence in women with early breast cancer: a meta-analysis

- 41 randomised trials, 17,751 women
- There were no improvements in recurrence for premenopausal women
- **In Post menopausal: 3.1% decrease in breast cancer mortality**

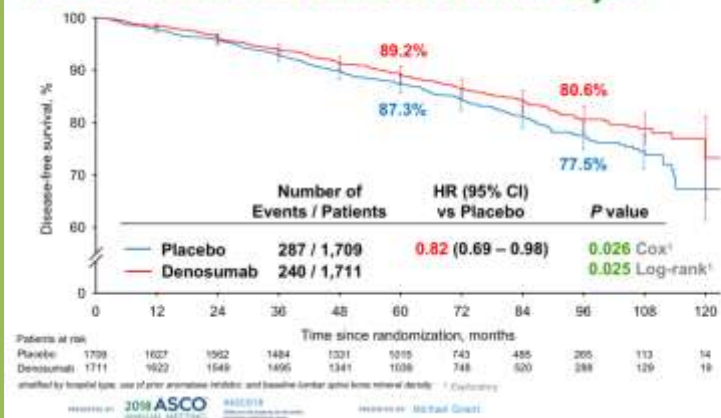
	No. events	HR	10 year gain	p value
Postmenopausal women (n = 10,540)				
Breast cancer mortality	1,107	0.83 (0.06)	3.1%	0.004
Breast cancer recurrence	1,809	0.86 (0.05)	3.0%	0.002
Distant recurrence	1,503	0.83 (0.05)	3.3%	0.0007
Bone recurrence	445	0.65 (0.08)	2.9%	0.00001
Other distant recurrence	1,058	0.93 (0.06)	0.7%	0.26

R Coleman, SABC 2014, abstract 54-07

## ABCSG-18 Primary End Point Results (ASCO 2015)



## ABCSG-18 Results of the DFS ITT Analysis<sup>1</sup>



# Other possible strategies in adjuvant therapy

## Counsel pts about importance of healthy lifestyle

- Obesity and BMI
  - Meta-analysis of 82 studies:
    - mortality HR 1.35 [1.24-1.47]; premenopausal: HR 1.75 [1.26-2.41]; postmenopausal: HR 1.34 [1.18-1.53];
- Nutrition
  - Dietary (LISA trial, Success C)
- Smoking and Alcohol
- Physical activity



Chan et al; Ann Oncol 2014



Con medici specialisti ed Accompagnatori di Medio Montagna camminiamo assieme per informare e prevenire il tumore al seno.

**8 SETTEMBRE - SENOLOGA**  
DOTT.SSA MARVI VALENTINI

**15 SETTEMBRE - CHIRURGO**  
DOTT. MATTEO LOMBARDI

**22 SETTEMBRE - PSICOLOGO**  
DOTT. MARCO GRABASSI

**6 OTTOBRE - DIETOLOGO**  
DOTT. CARLO PEDRALLI

**20 OTTOBRE - ONCOLOGA**  
DOTT. ANTONELLA FERRO

TREKKING ROSA  
CAMMINARE PER PREVENIRE

LILT  
per prevenire e vivere

TREKKING GRATUITI APERTI A TUTTI  
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